

# EAGLES

Spring 2010



8u, 9u, 10u, 11u



*"Eagles Baseball Is The Best,  
Flying High Above The Rest"*

- Dominic DeLuca, 11u '09

## THE EAGLES EXPERIENCE GIVES ITS PLAYERS A DISTINCT ADVANTAGE

The PBI Eagle teams have created a tradition of excellence. Our top caliber coaching staff has been cultivating championship players for years. The Eagles program looks to attract highly motivated and committed families who want to soar with us into championship territory for this year and the years to come. The Eagles coaching staff continuously develops top talent starting at the little league age groups that filters up to our 13u & 14u Jr. Eagles teams, our High School (15u & 16u) teams, the PBI 17u Travel Showcase Squads, and to the professional prospect North New Jersey Eagles franchise in the Atlantic Collegiate Baseball League.

Armed with PBI's Major League background as both players and coaches, all Eagle players will gain the knowledge and develop the skills needed to compete at a higher level of play. All serious ballplayers will experience tremendous benefits that will last with them throughout their entire baseball careers.

### SPRING TEAM DETAILS

- ✔ Eagles are coached by a PBI Professional Coach
- ✔ Teams compete in the PBI Baseball League
- ✔ 8-game regular season spring schedule
- ✔ Games are scheduled for Sundays
- ✔ In-Season, weekly practice at PBI
- ✔ Opening Day - Sunday, March 28
- ✔ Game Dates - 3/28, 4/11, 4/18, 4/25, 5/2, 5/9, 5/16, 5/23
- ✔ Playoffs - Sunday, June 6 (Top 4 teams in division qualify)
- ✔ Championship Game - Sunday, June 13
- ✔ Majority of games in the Bergen County area
- ✔ Game times vary according to whom we play
- ✔ Full winter of pre-season training as a team in the Eagles Winter Training Program
- ✔ EWTP meets on Monday's Dec, Jan, & Feb
- ✔ Local Memorial Day Tournament Included

### IN SEASON PRACTICE SCHEDULE

#### 8U PRACTICE

>If you are 8 years old or under on April 30, 2010<  
All Mondays beginning 3/15- 6:00PM- 7:30PM

#### 9U PRACTICE

>If you are 9 years old or under on April 30, 2010<  
Tuesday 3/16, 3/23 & 3/30- 4:15PM - 5:45PM  
All Tuesdays beginning 4/6- 6:00PM - 7:30PM

#### 10U PRACTICE

>If you are 10 years old or under on April 30, 2010<  
Tuesday 3/16, 3/23 & 3/30- 5:45PM - 7:15PM  
All Tuesdays beginning 4/6- 6:00PM - 7:30PM

#### 11U PRACTICE

>If you are 11 years old or under on April 30, 2010<  
Thursday 3/18, 3/25 & 4/1- 5:45PM - 7:15PM  
All Thursdays beginning 4/8- 6:00PM - 7:30PM

# EAGLES WINTER TRAINING PROGRAM

All 2010 Spring Eagle players are **REQUIRED** to attend the "Eagles Winter Training Program"

## Program Details...

All players will be put on a progressive throwing program to develop arm strength and health.

Players will work on infield & outfield skills. Players will pitch, and players who choose to do so, will work "behind the plate" on their catching.

All players will be on a progressive hitting program. Starting off with swing fundamentals & leading all the way up to taking live at-bats. The program also includes base-running skills.

In February/March, the main focus of the workouts will be *Live Situations*. Each hitter will take live at-bats while pitchers will be capable of throwing competitive pitches prior to the start of the season.

- ☞ Pitchers who are capable and ready will throw *live to batters*
- ☞ Hitters who are capable and ready will take *live at-bats*
- ☞ Catchers who are capable and ready will catch during live situations. Catchers will also throw *full distance* to all bases.
- ☞ Infielders field live ground balls & make *full distance* throws
- ☞ Position players will base- run in *live game situations*
- ☞ All players will work on live defensive situations



## EWTP DATES & TIMES

EWTP begins on **NOVEMBER 30<sup>TH</sup>**  
and continues thru **MARCH 1<sup>ST</sup>**

**MONDAYS 4:30PM – 6:30PM**

Please Note - There will be NO workouts- 2/15/10  
Make-up sessions are not available

**EWTP IS MANDATORY FOR ALL EAGLE PLAYERS**

## HITTING

*All players will work on their hitting & base-running skills*

In December, hitters will learn and develop hitting skills through tee work & drills that focus on mechanics and proper fundamentals for each individual hitter. Hitting inside & outside pitches in addition to hitting various speeds of pitches will be worked on. Situational hitting & live BP will be the norm in January, and in February/March hitters that are capable and ready will compete in live situations. Base-running skills from all bases will also be a focus of our attention.

## PITCHING

All pitchers will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. Certain pitchers that PBI feels appropriate will also develop a change-up that they are capable of throwing consistently. In February/March we will compete in live situations. Pitchers will learn how to throw bullpens properly as well as developing a game plan. Pitching strategy will be a main focus as well. Defensively, we will improve quickness and awareness of overall pitchers fielding practice (PFP).

## INFIELD

We will develop a proper approach to all types of ground- balls. This includes routine, backhand, glove side, slow- rollers, high- choppers, short- hops, harder hit balls, and line- drives. Proper footwork, double plays, making tags, relay throws, 1<sup>st</sup> and 3<sup>rd</sup> responsibilities, run- downs, bunt defenses, and pick-off plays will be covered. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. We will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose." 1<sup>st</sup> base will also be covered.

## OUTFIELD

As an outfielder footwork is "key." Footwork on all ground and fly- balls must be highly developed. In the outfield we will work on routine ground-balls, angles of approach to ground and fly- balls, and getting a strong and accurate throw to the infield quickly.

## CATCHING

*Only players who wish to work on their catching will catch*

Catchers will work on all the physical and mental skills required to be proficient behind the "dish." Areas of concentration are: Receiving, blocking, throwing to all bases, fielding bunts, fielding pop- ups, "plays at the plate," tags, double plays, and run- downs. Classifying hitters, understanding pitchers and calling a game will be discussed. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job.



## TRYOUT DATES & TIMES

All tryouts will be held at PBI's indoor stadium. Players must be **PRE-REGISTERED** **A MINIMUM OF 24 HOURS IN ADVANCE** of tryout. Players need to attend only one tryout date. Tryouts last approximately 2 hrs.

### 8U TRYOUT DATE

(If you are 8 years old or under on April 30, 2010)

Monday, November 9<sup>th</sup> @ 4:15PM

-OR-

Tuesday, November 17<sup>th</sup> @ 4:15PM

### 9U TRYOUT DATE

(If you are 9 years old or under on April 30, 2010)

Monday, November 9<sup>th</sup> @ 4:15PM

-OR-

Tuesday, November 17<sup>th</sup> @ 4:15PM

### 10U TRYOUT DATE

(If you are 10 years old or under on April 30, 2010)

Thursday, November 12<sup>th</sup> @ 7:30PM

-OR-

Monday, November 16<sup>th</sup> @ 4:15PM

### 11U TRYOUT DATE

(If you are 11 years old or under on April 30, 2010)

Thursday, November 12<sup>th</sup> @ 7:30PM

-OR-

Monday, November 16<sup>th</sup> @ 4:15PM

## AFTER YOU TRYOUT...

You will receive an EMAIL with PBI's decision on:  
**Tuesday, November 24**

There are 3 categories players are placed in:

- ☞ **Cut** - You did not make the team.
- ☞ **Active Reserve** - You did not make the team, but you did showcase some Eagle- quality skills. If a spot opens up between notification day and beginning of practice you may still have a chance to be called on to the team.
- ☞ **Roster Player** - You have been selected for the Eagles.

**Can't make one of the tryout dates?** **Private Tryouts** (Cost \$55) are available by appointment. Private tryouts must be complete by Sat. November 21. To schedule a private tryout contact PBI at 1-800-282-4638 x100.

# TRYOUT REGISTRATION

Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Circle Primary Poss. & Underline Secondary Poss.  
Pitcher Catcher MIF 1B 3B OF

Address: \_\_\_\_\_

Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Addr. E-mail: \_\_\_\_\_

Parents Names: \_\_\_\_\_

## INDICATE THE TRYOUT DATE YOU WILL ATTEND

- |   |   |
|---|---|
| <input type="checkbox"/> 8U Mon 11/9 @ 4:15PM   | <input type="checkbox"/> 8U Tue 11/17 @ 4:15PM  |
| <input type="checkbox"/> 9U Mon 11/9 @ 4:15PM   | <input type="checkbox"/> 9U Tue 11/17 @ 4:15PM  |
| <input type="checkbox"/> 10U Thu 11/12 @ 7:30PM | <input type="checkbox"/> 10U Mon 11/16 @ 4:15PM |
| <input type="checkbox"/> 11U Thu 11/12 @ 7:30PM | <input type="checkbox"/> 11U Mon 11/16 @ 4:15PM |

**AFTER TRYOUTS YOU WILL HEAR FROM US TO BE ADVISED OF YOUR STATUS WITH THE TEAM ON: TUESDAY, NOVEMBER 24<sup>TH</sup> VIA EMAIL**

**IF YOU ARE CHOSEN FOR THE TEAM -  
2010 SPRING EAGLE FEES WILL BE COLLECTED  
ON TUESDAY 11/24** (see opposite of this page for full details)

**Nonrefundable Tryout Fee: \$25.<sup>00</sup>**

### Method of Payment

- Cash
- Check Card # \_\_\_\_\_
- Visa
- Master Card Exp. Date \_\_\_\_\_

## SEE OPPOSITE OF THIS REGISTRATION FORM

- ➔ Review all stated team, winter training, and payment policies.
- ➔ Complete and sign the confirmation of agreement.

*Please Note: Players will not be permitted to try out if the opposite side of this form is not fully completed.*

# IMPORTANT INFORMATION

**If you are chosen for the team** from the tryout you are expected to fully commit to the team & Eagles Winter Training Program. If you do not plan on definitely playing with the Spring Eagles please *Do Not Try Out*.

## 2010 Spring Eagles- \$1,299

Team Fee(\$700) + Eagles Winter Training Program Fee(\$599) = \$1,299

You may pay in full upon registration or use the provided payment plan. Cost of the Eagles on the payment plan: **\$1,399.<sup>00</sup>**

### PAYMENT PLAN DUE DATES

1st Payment Due on November 24, 2009: \$700 + (Uniform \$89.)  
2nd Payment Due on December 14, 2009: \$233  
3rd Payment Due on January 11, 2010: \$233  
Final Payment Due on February 8, 2009: \$233  
Total: \$1,399 (\$1,488 if uniform)

### PLEASE READ CAREFULLY:

you choose to use the payment plan you MUST provide a credit card. Your credit card will be automatically charged @ 8:00PM on each of the payment due dates. If you choose to pay by cash or check you must present your payment on the due dates before 8:00PM. If payment is not received by the due dates before 8:00PM, your card will be charged.

**NOTE:** If you choose to use the payment plan you are responsible for the full cost of the program. If you choose not to continue sometime before any remaining payments are due, you will still be charged \$599 for the full price of the EWTP portion of the program. In the event a player removes himself from the team at any time, for any reason the \$700 team portion of the total fee may be prorated in the form of a PBI credit voucher – less a \$100 administrative fee.

**If you make the team indicate the amount you will pay on 11/24/09**

- \$1,299** (\$1,388 if uniform)  **\$700** (\$789. if uniform)

Please provide credit card to be charged on 11/24/09 if you are chosen for the team- The card below will be charged on 11/24/09

### Method of Payment

- Visa Card # \_\_\_\_\_
- Master Card Exp. Date \_\_\_\_\_

### **\*\*REFUND/CANCELLATION POLICY & MAKE-UP TIME\*\***

Absolutely NO cash refunds under any circumstance. All students are expected to attend all practices, games, and EWTP sessions. PBI cannot provide make-up times for any missed classes, practices or games nor will PBI issue cash refunds or credit vouchers for any missed EWTP classes or cancellations. In the event a player removes himself from the team at any time, for any reason the \$700 team portion of the total fee may be prorated in the form of a PBI credit voucher – less a \$100 administrative fee. The full \$599 EWTP portion of the total fee is completely non-refundable.

### **CONFIRMATION OF AGREEMENT:**

I hereby agree to the above stated conditions of the Professional Baseball Instruction, Inc. Spring Eagles/EWTP policies. I have provided my credit card information above & authorize PBI, Inc. to charge said credit card for all fees associated with the Spring Eagles/EWTP. If I have chosen the payment plan I authorize PBI, Inc. to charge said credit card on the all payment due dates. If I choose to pay by cash or check I will present payment on the above stated due dates before 8:00PM. I hereby acknowledge that no cash refunds or credit vouchers will be issued for missed EWTP classes or cancellations. I agree that if I choose not to continue sometime before any remaining payments are due, I am still responsible for and will be charged for the full price of the EWTP portion - \$599. I also agree that if I choose not to continue with the team at any time for any reason the \$700 team portion of the total fee may be prorated in the form of a PBI credit voucher—less a \$100 administrative fee.

Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

