

Squirts *(For Players 4 & 5 years old)*

PBI's Squirts program is designed for the "rookie" baseball player. The program explains the fundamentals of hitting off of a tee, throwing a baseball, fielding ground balls and running the bases. Squirts is an organized non-competitive series designed to teach players and their parents the role of baseball in a young one's life. Parents learn side-by-side with their future all-star players. Doug Cinnella, founder of PBI says, "This is a once-in-a-lifetime opportunity to be with your child as they establish stronger motor skills and develop a great sense of accomplishment. To be able to share these special moments with your child is priceless."

Topics of the Squirts Program Include...

THROWING & CATCHING

Throwing & Catching is one of the most crucial skills in the game of baseball. PBI will teach players to throw with proper mechanics in order to not only make good throws, but also create a good base for arm strength in the future. Players will also catch various types of throws which will enhance their hand-eye coordination in order to develop good catching skills.

HITTING

Basic skills are taught including initial set up, grip, swing plane and overall swing mechanics. We break down the hitting mechanics step-by-step. Our hitting stations, when performed properly, create positive muscle memory, effectively creating good habits.

FIELDING

Learn the basic fielding skills that are essential to becoming a good fielder. Specific drills are designed to create confidence and build a solid fielding foundation. Your child will field various types of ground balls & and fly balls. Our step-by-step approach will have your child ready to play with confidence.

BASERUNNING & SLIDING

A player with good baserunning skills is always a plus. Learning baserunning properly at a young age will give you great advantages, and put you ahead of the pack as you get older. We will also teach your children the proper sliding techniques. The patented Slide-Rite makes learning to slide safe, fun and easy.

Also Included for Squirts Students

Matching T-Shirts For The Student & Their Parent

At the conclusion of the program all students will receive a certificate, suitable for framing, commemorating your participation in the PBI Squirts Baseball Program.