

**SPRING 100 2015**



**EAGLES BASEBALL**

*Eagles Baseball* ⚡ *Powered by...*

*Rawlings*  


**→ Tryout Dates**

**→ Season Details → Tournament Details**

**→ Rawlings® Package → Winter Training Program**

# What's Included...



- ➔ REGULAR SEASON LEAGUE PLAY
- ➔ MEMORIAL WEEKEND TOURNAMENT
- ➔ Rawlings® UNIFORM/APPAREL/ACCESSORIES
- ➔ PBI's PRESEASON WINTER TRAINING PROGRAM



## LEAGUE DETAILS

- ➔ 10u plays on 46/60 field; primarily LL rules
- ➔ League games are played in the PBI League
- ➔ 8 League Games in regular season
- ➔ League games are played on Sunday's...  
3/22, 3/29, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17
- ➔ League Semi-Final; Sunday 5/31 (top 4 advance)
- ➔ League Finals; Sunday 6/7
- ➔ Majority of league games in Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.



## UNIFORMS/APPAREL

Each new Eagle player receives a Uniform, Apparel and Accessories outfitted by Rawlings®  
See page 4 for full details regarding Uniforms & Rawlings®



**Professional Baseball Instruction, Inc.**  
107 Pleasant Ave. Upper Saddle River, NJ 07458

**1-800-282-4638**

**www.BASEBALLCLINICS.COM**



## TOURNAMENT DETAILS

### ➔ BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 22<sup>nd</sup> -thru- Monday, October 25<sup>th</sup>  
Location... Bergen County, NJ and surrounding area  
Web... [www.memorialbenefit.org](http://www.memorialbenefit.org)

### Notes Regarding Tournaments...

- ➔ Attendance to preset tournaments is mandatory for all players.
- ➔ Travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- ➔ Preset Bergen County Charity Classic tournament is already factored into the total fee of \$1,675.00
- ➔ Additional tournaments that the team may choose to attend are priced at \$175.00 per player—per tournament

## PRACTICE DETAILS

*Weekly practice thru the season at PBI*

*Practice Schedule for when the PSWTP concludes ...*

Weeks of March 23<sup>rd</sup> & 30<sup>th</sup>... TBA

Tuesday, April 7<sup>th</sup> and continuing each Tuesday thru the regular season... 6:00PM – 7:30PM

## WINTER TRAINING

➔ Team training thru Jan., Feb & March in PBI's PreSeason Winter Training Program is included

See page 3 for full details regarding the PSWTP

## OPTIONAL ADD-ON'S

➔ ADDITIONAL TOURNAMENTS... Teams have the option of adding extra tournaments in addition to the preset BCCC if the team chooses to do so. (Additional Cost> \$175.00 per tournament)

# EAGLES TRAIN AS A TEAM THRU JAN., FEB. & MARCH IN PBI'S...

# PRE-SEASON WINTER TRAINING PROGRAM

## PSWTP DETAILS

The Pre-Season Winter Training Program is tailored specifically for players on the 46/60 field. This program will extensively key in on both fundamental and advanced skills. As usual with all of PBI's specialty training programs players will intensively work on their defensive and hitting skills.

## GOALS OF THE PROGRAM

- ☞ Prepare players to enter their season at peak performance.
- ☞ Condition players to top personal performance.
- ☞ Improve players' position specific skills, knowledge and execution.

## PROGRAM OVERVIEW

All players will be put on a progressive throwing program to develop arm strength and health. Players will work on infield & outfield skills. Players will pitch, and players who choose to do so, will work "behind the plate" on their catching.

All players will be on a progressive hitting program. Starting off with swing fundamentals & leading up to taking situational at-bats. The program also includes base-running skills.

In March, the main focus of the workouts will be Live Situations. Each hitter will take situational at-bats while pitchers will be capable of throwing competitive pitches prior to the start of the season.

- ➔ Pitchers who are capable and ready will throw **live to hitters**
- ➔ Hitters who are capable and ready will take **live at-bats**
- ➔ Catchers who are capable and ready will catch during live situations.
- ➔ Catchers will also throw **full distance** to all bases.
- ➔ Infielders & Outfielders field live situational ground balls & make **full distance**

## PSWTP SCHEDULE...

Day	Time	Dates
<b>Monday's</b>	<b>5:00– 7:00PM</b>	<b>January... 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup></b> <b>February... 2<sup>nd</sup>, 9<sup>th</sup>, 23<sup>rd</sup></b> (Note: NO 2/16) <b>March... 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup></b>

**Each workout session is 2 hours in duration**

**PLAYERS WILL TRAIN IN BOTH THE INFIELD, OUTFIELD AND ALSO**

**AS PITCHERS. ALL PLAYERS WILL HIT AND BASERUN.**

*Only players who wish to catch will work on their catching skills.*

## HITTING TRAINING DETAILS

*All players will work on their hitting & base-running skills*

In January, hitters will learn and develop hitting skills through tee work & drills that focus on mechanics and proper fundamentals for each individual hitter. Hitting inside & outside pitches in addition to hitting various speeds of pitches will be worked on. Situational hitting & live BP will be the norm in February and hitters that are capable and ready will compete in live situations in March. Base-running skills from all bases will also be a focus of our attention as well.

## PITCHING TRAINING DETAILS

All pitchers will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. Once our fastball is established; pitchers will then develop and improve upon a change-up that they are capable of throwing consistently. In March we will compete in live situations. Pitchers will learn how to throw bullpens properly as well as developing a game plan. Pitching strategy will be a main focus as well. Defensively, we will improve quickness and awareness of overall pitchers fielding practice.

## INFIELD TRAINING DETAILS

We will develop a proper approach to all types of ground-balls. This includes routine, backhand, glove side, slow-rollers, high-choppers, short-hops, harder hit balls, and line-drives. Proper footwork, double plays, making tags, relay throws, 1<sup>st</sup> and 3<sup>rd</sup> responsibilities, run-downs, bunt defenses, and pick-off plays will be covered. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. We will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose." 1<sup>st</sup> base play will also be covered.

## OUTFIELD TRAINING DETAILS

As an outfielder footwork is "key." Footwork on all ground and fly-balls must be highly developed. In the outfield we will work on routine ground and fly balls, angles of approach to ground and fly-balls, and getting a strong and accurate throw to the infield quickly. Offensively, all outfielders will work with our hitting instructors + practice their base-running.

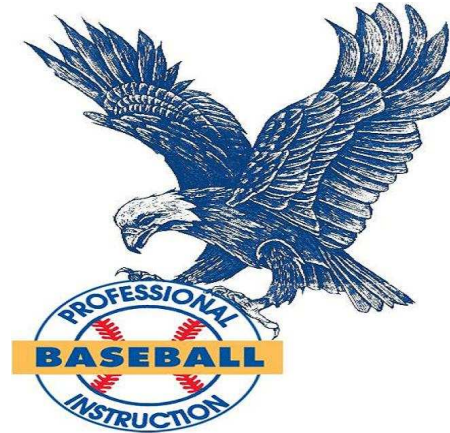
## CATCHING TRAINING DETAILS

*Only players who wish to work on their catching will catch*

Catchers will work on not only the physical, but also the mental skills required to be proficient behind the "dish." Areas of concentration are: Receiving, blocking, throwing to all bases, fielding bunts, "plays at the plate," tags, double plays, and run-downs. Understanding pitchers and calling a game will be discussed as well. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense.

**The Pre Season Winter Training Program is already factored into the total spring fee.**

# Rawlings®... THE OFFICIAL OUTFITTER OF THE PBI EAGLES



Each Eagle Player's **Rawlings®** package includes the following...



## **EAGLES HAT**

Qty. per Player > 1



## **GAME JERSEY**

Model #: ROAD / YROAD

Qty. per Player > 1



## **GAME PANTS**

Model #: BP95MR / YBP95MR

Qty. per Player > 1



## **CAGE JACKET**

Model #: TOCCJ / YTOCCJ

Qty. per Player > 1



## **GEAR BAG**

Model #: PPWB

Qty. per Player > 1



## **GAME SOCKS**

Model #: ARHCRA

Qty. per Player > 1



## **BATTING HELMET**

Model #: CFX1MAS/J

Qty. per Player > 1



## **BATTING GLOVES**

Model #: BGP950T

Qty. per Player > 1



## **GAME BELT**

Model #: ABELT / YBELT

Qty. per Player > 1

All the **Rawlings®** products are already factored into the total fee.

# 10U Spring 2015... REGISTRATION... PAYMENT... AGREEMENT

Players Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Throws: R—L Bats: R—L

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Father's Cell: \_\_\_\_\_ Mother's Cell: \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

## CHOOSE YOUR TRYOUT

**Tryout Locations**>>> **PBI INDOOR FACILITY... 107 Pleasant Ave. Upper Saddle River, NJ 07458**

**10U** ..... Thu. Nov. 6<sup>th</sup> ..... 4:30PM ..... at PBI Indoor Facility

**10U** ..... Tue. Nov. 11<sup>th</sup> ..... 5:30PM ..... at PBI Indoor Facility

**10U** ..... Thu. Nov. 13<sup>th</sup> ..... 7:00PM ..... at PBI Indoor Facility

**Private**... Date/Time \_\_\_\_\_ ..... Coach \_\_\_\_\_

*Can't make any of the tryout dates... Private tryouts available by appointment 1-800-282-4638*

**YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM ON:**

**WED, NOVEMBER 19 VIA EMAIL**

**IF YOU ARE CHOSEN FOR THE TEAM -  
INITIAL TEAM FEE WILL BE COLLECTED ON  
11/19/14** (see opposite of this page for full payment details)

**Tryout Fee: \$20.00**

Method of Payment

- Cash  
 Check  
 Visa  
 Master Card  
 AMEX

CARD # \_\_\_\_\_

Exp. Date \_\_\_\_\_

**Please review and complete opposite side of this page →→→**

**THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM**  
**Please Note... Players will not be permitted to tryout if the sections below are not completed.**

**10u... 2015 Spring Eagles- \$1,675.00**

*Team(\$700.00) + Tournament(\$175.00) + PSWTP(\$600.00) + Rawlings® Pkg(\$200.00)*

### PAYMENT DUE DATES

1<sup>st</sup> Payment Due on 11/19/14..... \$699.00  
 2<sup>nd</sup> Payment Due on 12/15/14..... \$488.00  
 3<sup>rd</sup> Payment Due on 1/15/15..... \$488.00

**NOTE:** You are considered as on the team at the time your registration is processed. 1<sup>st</sup> payment of \$699.00 is due upon being selected for the team. The balance is due according to the Payment Due Dates schedule. The total fee of \$1,675.00 covers: practices, PBI League spring season, spring tournament fees associated with the one preset spring tournament, PBI Pre Season Winter Training Program, and Rawlings® uniform package. If applicable: Travel/lodging/meal arrangements and costs are the responsibility of individual players, not PBI.

### IF YOU ARE SELECTED FOR THE TEAM...

You must provide a credit card prior to tryout. If you are selected for the team; your credit card will be automatically charged for the 1<sup>st</sup> payment of \$699.00 on 11/19/14. The balance of fees will be automatically charged to the card you indicate below according to the schedule outlined above in the "Payment Due Dates" section.

Method of Payment

- Visa  
 Master Card  
 AMEX

CARD # \_\_\_\_\_

Exp. Date \_\_\_\_\_

### \*\*\*REFUND/CANCELLATION POLICY \*\*\*

Absolutely **NO** cash refunds under any circumstance. All players are required to attend all practices, league games, tournaments and PSWTP sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, PSWTP sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team before 2/01/15; monies paid and/or outstanding balances owed to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher – less a \$100.00 administrative fee. In the event a player discontinues with the team on or after 2/01/15; no refunds or credit vouchers will be issued. Please note; the entire \$600.00 PSWTP portion of the total fee is completely non-refundable.

### CONFIRMATION OF AGREEMENT:

I hereby acknowledge that I have read, understand and agree to the above stated conditions of the 2015 PBI Spring Eagles policies. I have provided my credit card information to PBI and authorize PBI to charge said credit card for all fees associated with the Spring Eagles and authorize PBI to charge said credit card on all payment due dates.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Are either parents/guardians a current member of the US military?  YES  NO

