

SPRING 13U 2015



EAGLES BASEBALL

Eagles Baseball ⚡ **Powered by...**



→ Tryout Dates

→ Season Details → Tournament Details

→ Rawlings® Package → Winter Training Program

What's Included...



- ➔ REGULAR SEASON LEAGUE PLAY
- ➔ MEMORIAL WEEKEND TOURNAMENT
- ➔ Rawlings® UNIFORM/APPAREL/ACCESSORIES
- ➔ PBI's SENIOR WINTER TRAINING PROGRAM



LEAGUE DETAILS

- ➔ 13u plays on 60/90 field; modified HS rules
- ➔ League games are played in the PBI League
- ➔ 8 League Games in regular season
- ➔ League games are played on Sunday's...
3/22, 3/29, 4/12, 4/19, 4/26, 5/3, 5/10, 5/17
- ➔ League Semi-Final; Sunday 5/31 (top 4 advance)
- ➔ League Finals; Sunday 6/7
- ➔ Majority of league games in Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.



UNIFORMS/APPAREL

Each new Eagle player receives a Uniform, Apparel and Accessories outfitted by Rawlings®

See page 4 for full details regarding Uniforms & Rawlings®



Professional Baseball Instruction, Inc.
107 Pleasant Ave. Upper Saddle River, NJ 07458

1-800-282-4638

www.BASEBALLCLINICS.COM



TOURNAMENT DETAILS

➔ BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 22nd -thru- Monday, October 25th

Location... Bergen County, NJ and surrounding area

Web... www.memorialbenefit.org

Notes Regarding Tournaments...

- ➔ Attendance to preset tournaments is mandatory for all players.
- ➔ Travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- ➔ Preset Bergen County Charity Classic tournament is already factored into the total fee of \$1,975.00
- ➔ Additional tournaments that the team may choose to attend are priced at \$175.00 per player—per tournament

PRACTICE DETAILS

Weekly practice thru the season at PBI

Practice Schedule for when the SRWTP concludes ...

Weeks of March 16th, 23rd & 30th... TBA

Wednesday, April 8th and continuing each Wednesday thru the regular season... 7:00PM – 8:30PM

WINTER TRAINING

- ➔ Team training thru Dec. Jan. & Feb. in PBI's Senior Winter Training Program is included

See page 3 for full details regarding the SRWTP

OPTIONAL ADD-ON'S

- ➔ ADDITIONAL TOURNAMENTS... Teams have the option of adding extra tournaments in addition to the preset BCCC if the team chooses to do so. (Additional Cost> \$175.00 per tournament)

EAGLES TRAIN AS A TEAM THRU DEC., JAN. & FEB. IN PBI'S...

SENIOR WINTER TRAINING PROGRAM

SRWTP DETAILS

The Senior Winter Training Program is tailored specifically for players on the 60/90 field. Players enter the program according to their position.

As usual with all of PBI's specialty training programs players will intensively work on their defensive and hitting skills. But what makes this program unique is that we will extensively key in on the fundamental skills needed for the 60/90 game> All the baserunning aspects such as holding runners on, bunt defenses, 1st & 3rd defense, baserunning from an offensive prospective and so on...

GOALS OF THE PROGRAM

- Prepare players to enter their season at peak performance.
- Condition players to top personal performance.
- Improve players' position specific skills, knowledge and execution.

LIVE COMPETITION

Throughout the month of February, the main focus of the workouts will be live competition and game situations. Hitters will take live at- bats while Pitchers throw live to hitters.

- Pitchers will throw **live to hitters**. ➤ Hitters will take **live at bats**.
- Catchers catch during live situations & throw **full distance** to all bases.
- Infielders will take live situational ground balls & make **full distance** throws.
- Position players will base- run in **live game situations**.
- All players will work on live defensive situations, such as bunt defenses, run-downs & Pick- offs.

SRWTP SCHEDULE...

SRWTP MEETS EVERY **TUESDAY**, PLUS 5 ADDITIONAL **THURSDAY'S**
Each workout session is 2hrs 15mins in duration

Day	Time	Dates
Tuesday's	6:45– 9:00PM	12/2, 9, 16, 1/6, 13, 20, 27, 2/3, 10, 24, 3/3
Thursday's	4:45– 7:00PM	12/18, 1/15, 1/29, 2/12, 3/5

PLAYERS ENTER THE PROGRAM ACCORDING TO THEIR POSITION

If you play two positions... You will workout at you primary and secondary rotating every other workout.

PITCHERS TRAINING DETAILS

All pitchers will be put on a progressive throwing program consisting of long toss, short range, flat ground and mound work. They will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. We will cultivate a change- up that they will become capable of throwing consistently. In February pitchers will compete in live game situations. Pitchers will learn how to throw bullpens properly as well as developing an in- season throwing routine. Pitching strategy will be a main focus as well. The pitchers will be put on a full shoulder and elbow maintenance program and learn how to care for their arm throughout the season. Defensively, we will learn how to hold runners on, and improve upon quickness and awareness of pick- off moves to all bases as well as overall pitchers fielding practice (PFP). Offensively, pitchers will work with our hitting instructors + practice their base- running.

CATCHERS TRAINING DETAILS

All catchers will be put on a progressive throwing program. The health and strength of a catcher's arm is just as important as the pitchers'. Catchers will work on all the physical and mental skills required to be proficient behind the "dish". Areas of concentration are: Receiving, blocking, throwing to all bases, pick- off throws, fielding bunts, "plays at the plate," tags, double plays, 1st & 3rd responsibilities, and run- downs. Throughout the program catchers will be working very closely with their battery mates, the pitchers. Classifying hitters, understanding pitchers and calling a game will be discussed. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job. There are many aspects to the position that need to be mastered. Offensively, catchers will work with our hitting instructors + practice their base- running.

INFIELDERS TRAINING DETAILS

Infielders will be put on a progressive throwing program to develop arm strength and health. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. Each position on the infield will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose". 1st & 3rd basemen, and middle infielders(2B/SS) will work on their position specific skills throughout the program. All infielders will develop a proper approach to all types of ground- balls, specific to their position. This includes routine, backhand, glove side, slow- rollers, high- choppers, short- hops, harder hit balls, and line- drives. Proper footwork, double plays, making tags, relay throws, 1st and 3rd responsibilities, run- downs, bunt defenses, and pick- off plays will all be taught according to position. Offensively, all infielders will work with our hitting instructors + practice their base- running. Offensively, infielders will work with our hitting instructors + practice their base- running.

OUTFIELDERS TRAINING DETAILS

Outfielders will be put on a progressive throwing program to develop arm strength and health. As an outfielder footwork is "key." Footwork on all ground and fly- balls must be highly developed. All outfielders will work on routine ground- balls, angles of approach to ground and fly- balls, and getting a strong and accurate throw to the infield quickly. Offensively, all outfielders will work with our hitting instructors + practice their base- running.

HITTERS TRAINING DETAILS

In the 1st 1/3 of the program, hitters will learn and develop hitting skills through tee work & short range drills that focus on mechanics and proper fundamentals for each individual hitter & batting practice (BP). Moving forward; Live BP will be the norm in January, and in February hitters will compete in live situations vs the pitchers and catchers.

The Senior Winter Training Program is already factored into the total spring fee.

Rawlings®... THE OFFICIAL OUTFITTER OF THE PBI EAGLES



Each Eagle Player's **Rawlings®** package includes the following...



EAGLES HAT

Qty. per Player > 1



GAME JERSEY

Model #: ROAD / YROAD

Qty. per Player > 1



GAME PANTS

Model #: BP95MR / YBP95MR

Qty. per Player > 1



CAGE JACKET

Model #: TOCCJ / YTOCCJ

Qty. per Player > 1



GEAR BAG

Model #: PPWB

Qty. per Player > 1



GAME SOCKS

Model #: ARHCRA

Qty. per Player > 1



BATTING HELMET

Model #: CFX1MAS/J

Qty. per Player > 1



BATTING GLOVES

Model #: BGP950T

Qty. per Player > 1



GAME BELT

Model #: ABELT / YBELT

Qty. per Player > 1

All the **Rawlings®** products are already factored into the total fee.

13U Spring 2015... REGISTRATION... PAYMENT... AGREEMENT

Players Name: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Throws: R—L Bats: R—L

Father's Name: _____ Mother's Name: _____

Father's Cell: _____ Mother's Cell: _____

Parent's Email(s): _____

CHOOSE YOUR TRYOUT

Tryout Locations>>> PBI INDOOR FACILITY... 107 Pleasant Ave. Upper Saddle River, NJ 07458

13U Tue. Nov. 4th 7:30PM at PBI Indoor Facility

13U Tue. Nov. 11th 7:30PM at PBI Indoor Facility

13U Thu. Nov. 13th 5:30PM at PBI Indoor Facility

Private... Date/Time _____ Coach _____

Can't make any of the tryout dates... Private tryouts available by appointment 1-800-282-4638

YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM ON:

WED, NOVEMBER 19 VIA EMAIL

IF YOU ARE CHOSEN FOR THE TEAM -

INITIAL TEAM FEE WILL BE COLLECTED ON

11/19/14 (see opposite of this page for full payment details)

Tryout Fee: \$20.00

Method of Payment

- Cash
 Check
 Visa
 Master Card
 AMEX

CARD # _____

Exp. Date _____

Please review and complete opposite side of this page →→→

THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM

Please Note... Players will not be permitted to tryout if the sections below are not completed.

13u... 2015 Spring Eagles- \$1,975.00

Team(\$700.00) + Tournament(\$175.00) + SRWTP(\$900.00) + Rawlings® Pkg(\$200.00)

PAYMENT DUE DATES

1st Payment Due on 11/19/14..... \$899.00

2nd Payment Due on 12/15/14..... \$538.00

3rd Payment Due on 1/15/15..... \$538.00

NOTE: You are considered as on the team at the time your registration is processed. 1st payment of \$899.00 is due upon being selected for the team. The balance is due according to the Payment Due Dates schedule. The total fee of \$1,975.00 covers: practices, PBI League spring season, spring tournament fees associated with the one preset spring tournament, PBI Senior Winter Training Program, and Rawlings® uniform package. If applicable: Travel/lodging/meal arrangements and costs are the responsibility of individual players, not PBI.

IF YOU ARE SELECTED FOR THE TEAM...

You must provide a credit card prior to tryout. If you are selected for the team; your credit card will be automatically charged for the 1st payment of \$899.00 on 11/19/14. The balance of fees will be automatically charged to the card you indicate below according to the schedule outlined above in the "Payment Due Dates" section.

Method of Payment

Visa

CARD # _____

Master Card

AMEX

Exp. Date _____

***REFUND/CANCELLATION POLICY ***

Absolutely **NO** cash refunds under any circumstance. All players are required to attend all practices, league games, tournaments and SRWTP sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, SRWTP sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team before 2/01/15; monies paid and/or outstanding balances owed to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher – less a \$100.00 administrative fee. In the event a player discontinues with the team on or after 2/01/15; no refunds or credit vouchers will be issued. Please note; the entire \$900.00 SRWTP portion of the total fee is completely non-refundable.

CONFIRMATION OF AGREEMENT:

I hereby acknowledge that I have read, understand and agree to the above stated conditions of the 2015 PBI Spring Eagles policies. I have provided my credit card information to PBI and authorize PBI to charge said credit card for all fees associated with the Spring Eagles and authorize PBI to charge said credit card on all payment due dates.

Signature: _____

Print Name: _____

Date: _____

Are either parents/guardians a current member of the US military? YES NO

