

# SPRING 10U 2016

*You are 10u... if you were born between 5/1/2005 thru 8/31/2006*



## EAGLES BASEBALL

### DID YOU KNOW...

EAGLES BASEBALL ASSOCIATION IS A 501(C)(3) ORGANIZATION. PLAYERS MAY FUNDRAISE THRU "EBA" TOWARDS THEIR FEES!!!

## → Tryout Info

→ Season Details → Tournament Details

→ Rawlings® Package → Winter Training Program

# What's Included...



- ➔ **REGULAR SEASON LEAGUE PLAY**
- ➔ **MEMORIAL WEEKEND TOURNAMENT**
- ➔ **Rawlings® UNIFORM/APPAREL/ACCESSORIES**
- ➔ **PBI's PRE-SEASON WINTER TRAINING PROGRAM**



## LEAGUE DETAILS

- ➔ 10u plays on 46/60 field; primarily LL rules
- ➔ League games are played in the PBI League
- ➔ 8 League Games in regular season
- ➔ League games are played on Sunday's...  
4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22
- ➔ League Semi-Final; Sunday 6/5 (*top 4 advance*)
- ➔ League Finals; Sunday 6/12
- ➔ Majority of league games in the local Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.

## PRACTICE DETAILS

*Weekly practice thru the season at PBI*

*In Season Practice ...*

Week of March 14<sup>th</sup> ... TBA

Week of March 21<sup>st</sup> ... TBA

Week of March 28<sup>th</sup>... TBA

Tuesday, April 5<sup>th</sup> and continuing each Tuesday thru the regular season... 6:00PM – 7:30PM



[www.EAGLESBASEBALLASSOC.ORG](http://www.EAGLESBASEBALLASSOC.ORG)



**Professional Baseball Instruction, Inc.**  
107 Pleasant Ave. Upper Saddle River, NJ 07458

**1-800-282-4638**

[www.BASEBALLCLINICS.COM](http://www.BASEBALLCLINICS.COM)



## TOURNAMENT DETAILS

### ➔ BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 27<sup>th</sup> –thru– Monday, May 30<sup>th</sup>

Location... Bergen County, NJ and surrounding area

Web... [www.memorialbenefit.org](http://www.memorialbenefit.org)

### ➔ ADDITIONAL TOURNAMENTS

Teams have the option of attending other tournaments in addition to the one preset tournaments if the team chooses to do so.

#### Notes Regarding Tournaments...

- ➔ Attendance to preset tournaments is mandatory for all players.
- ➔ Travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- ➔ One preset tournament is factored into the total fee.
- ➔ Additional tournaments that the team may agree to attend are priced at \$199.00 per player—per tournament

## WINTER TRAINING

- ➔ Team training thru Jan. Feb. & March in PBI's Pre-Season Winter Training Program is included

See page 3 for full details regarding the PSWTP

# EAGLES TRAIN AS A TEAM THRU JAN., FEB. & MARCH IN PBI'S...

# PRE-SEASON WINTER TRAINING PROGRAM

## PSWTP DETAILS

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off- season training program available for 9 & 10 year old baseball players that are playing on the 46/60 field. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bringing you to the doorstep of the 2016 baseball season fully prepared and ready to go!

## GOALS OF THE PROGRAM

- ➔ Prepare players to enter their season at peak performance.
- ➔ Condition players skills, knowledge and execution to top personal performance.
- ➔ Educate players on injury prevention and staying healthy thru the season.

**PLAYERS WILL TRAIN IN BOTH THE INFIELD, OUTFIELD AND ALSO AS PITCHERS. ALL PLAYERS WILL HIT AND BASERUN.**  
*Only players who wish to catch will work on their catching skills.*

## HITTERS TRAINING DETAILS

*All players will work on their hitting & base-running skills*

In January, hitters will learn and develop hitting skills through tee work & drills that focus on mechanics and proper fundamentals for each individual hitter. Hitting inside & outside pitches in addition to hitting various speeds of pitches will be worked on. Situational hitting & live BP will be the norm in February and hitters that are capable and ready will compete in live situations in March. Base-running skills from all bases will also be a focus of our attention as well.

## INFIELDERS TRAINING DETAILS

We will develop a proper approach to all types of ground- balls. This includes routine, backhand, glove side, slow- rollers, high- choppers, short- hops, harder hit balls, and line- drives. Proper footwork, double plays, making tags, relay throws, 1<sup>st</sup> and 3<sup>rd</sup> responsibilities, run- downs, bunt defenses, and pick- off plays will be covered. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. We will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose." 1<sup>st</sup> base play will also be covered.

## OUTFIELDERS TRAINING DETAILS

As an outfielder footwork is "key." Footwork on all ground and fly- balls must be highly developed. In the outfield we will work on routine ground and fly balls , angles of approach to ground and fly- balls, and getting a strong and accurate throw to the infield quickly. Offensively, all outfielders will work with our hitting instructors + practice their base- running.

## PITCHERS TRAINING DETAILS

All pitchers will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. Once our fastball is established; pitchers will then develop and improve upon a change- up that they are capable of throwing consistently. In March we will compete in live situations. Pitchers will learn how to throw bullpens properly as well as developing a game plan. Pitching strategy will be a main focus as well. Defensively, we will improve quickness and awareness of overall pitchers fielding practice.

## CATCHERS TRAINING DETAILS

*Only players who wish to work on their catching will catch*

Catchers will work on not only the physical, but also the mental skills required to be proficient behind the "dish." Areas of concentration are: Receiving, blocking, throwing to all bases, fielding bunts, "plays at the plate," tags, double plays, and run- downs. Understanding pitchers and calling a game will be discussed as well. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job.

## PSWTP HEAD COACHES...



**Doug Cinnella**  
Program Coordinator



**Greg Cinnella**  
Program Coordinator



**Steve Hayward**  
Pitching Director  
Former Boston Red Sox  
Tampa Bay Rays Scout



**Sam Ferretti**  
Infield Director  
Indians, Orioles & Rockies  
Rutgers Univ. Alumni



**Jack Winters**  
Roving Coach  
Former Pecos League  
Centenary College Coach



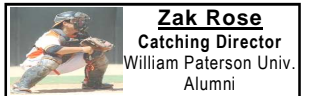
**Artie Lewicki**  
Pitching Coach  
Current Detroit Tiger  
Univ. of Virginia Alumni



**Gil Zayas**  
Outfield Director  
Former AC Surf  
North Bergen HS



**Wayne Richardson**  
Roving Coach  
Currently Coaching at  
Nyack College



**Zak Rose**  
Catching Director  
William Paterson Univ.  
Alumni



**Adam Derner**  
Hitting Director  
Former Frontier League  
2012 All American



**Aaron Weisberg**  
Roving Coach  
Current Can-Am League  
George Wash. Univ.

## PSWTP SCHEDULE...

**PSWTP BEGINS ON MON. 1/4 AND CONTINUES THRU MON. 3/28**

Day	Time	Dates
<b>Monday's</b>	<b>5:00- 7:00PM</b>	<del>January... 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup></del> <del>February... 1<sup>st</sup>, 8<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup></del> (NO 2/15) <del>March... 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup></del>

*The Pre- Season Winter Training Program is already factored into the total spring fee.*





# Rawlings®

## THE OFFICIAL OUTFITTER OF EAGLES BASEBALL

New Eagle players receive the entire **Rawlings®** uniform package  
current and/or past players may order additional/replacement items

The **Rawlings®** package includes the following items...



### **EAGLES HAT**

Qty. per Player in package > 1  
"A la carte" price > \$12.00



### **GAME JERSEY**

Model #: ROAD / YROAD

Qty. per Player in package > 1  
"A la carte" price > Y \$50.00  
A \$50.00



### **GAME PANTS**

Model #: BP95MR / YBP95MR

Qty. per Player in package > 1  
"A la carte" price > Y \$30.00  
A \$34.00



### **CAGE JACKET**

Model #: TOCCJ / YTOCCJ

Qty. per Player in package > 1  
"A la carte" price > Y \$30.00  
A \$34.00



### **GEAR BAG**

Model #: PPWB

Qty. per Player in package > 1  
"A la carte" price > \$56.00



### **GAME SOCKS**

Model #: ARCHCRA

Qty. per Player in package > 1  
"A la carte" price > \$4.00



### **BATTING HELMET**

Model #: SX70S/J

Qty. per Player in package > 1  
"A la carte" price > Y \$34.00  
A \$34.00



### **BATTING GLOVES**

Model #: BGP950T

"A la carte" price > Y \$24.00  
A \$26.00



### **GAME BELT**

Model #: ABELT / YBELT

Qty. per Player in package > 1  
"A la carte" price > Y \$5.00  
A \$5.00

Cost is \$200.00 as an entire package ..... The "a-la-carte" prices listed reflect Eagles discount.



# EAGLES BASEBALL

## **EBA Mission**

The Eagles Baseball Association is committed to providing baseball players in the tri-state area with every opportunity on the baseball field without the politics that have become commonplace throughout the ranks of youth through high school baseball. Eagles players receive top-caliber training and coaching from the staff of Professional Baseball Instruction based out of Upper Saddle River, NJ.

The Eagles Baseball Association is a registered 501(c)(3) charitable organization.

## **Donate to EBA**

**The Eagles Baseball Association is a registered 501(c)(3) charitable organization.**

- ➔ Donations to EBA are tax deductible.
- ➔ Sponsor a Player... donate in the name of a specific player.
- ➔ Sponsor a Team... donate to a specific team.
- ➔ Team and Group Fundraising... teams or a group of players may fundraise towards a common cause.

*visit us on the web at...*

**[WWW.EAGLESBASEBALLASSOC.ORG](http://WWW.EAGLESBASEBALLASSOC.ORG)**



# 10U Spring 2016... REGISTRATION... PAYMENT... AGREEMENT

Players Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Father's Cell: \_\_\_\_\_ Mother's Cell: \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

## SCHEDULE YOUR TRYOUT

**Tryout Location**>>> PBI INDOOR FACILITY... 107 Pleasant Ave. Upper Saddle River, NJ 07458

**10U... TO SCHEUDLE A TRYOUT...**

**CALL: 1-800-282-4638 ext. 100**

**EMAIL: greg@baseballclinics.com**

Date/Time \_\_\_\_\_ Coach \_\_\_\_\_

**YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM ON:**

***72 HRS AFTER TRYOUT VIA EMAIL***

**IF YOU ARE CHOSEN FOR THE TEAM -**

**TEAM FEE WILL BE COLLECTED UPON REGISTRATION**

*(see opposite of this page for full payment details)*

**Private Tryout Fee: \$20.00**

Method of Payment

- Cash
- Check
- Visa
- Master Card
- AMEX

CARD # \_\_\_\_\_

Exp. Date \_\_\_\_\_

**Please review and complete opposite side of this page →→→**



**THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM.**  
Please Note... Players will not be permitted to tryout if the sections below are not completed.

**10u... 2016 Spring Eagles- ~~\$1,499.00~~ \$1,249.00**

*Team/Tournament(\$899.00) + PSWTP(\$600.00 \$350.00) + (Uniform fees if applicable)*

**Note: Since the winter training program is already in progress; this is the Pro-Rated Price as of 2/09/16. As dates pass, price will adjust down accordingly.**

### PAYMENT DUE DATES

- 1<sup>st</sup> Payment Due upon selection to team..... **\$700.00**
- I need Rawlings® Uniform Package.....+ \$200.00
- I need additional uniform items.....+ \$ \_\_\_\_\_
- 2<sup>nd</sup> Payment Due on 3/01/16..... **\$549.00**

GRAND TOTAL..... \$ \_\_\_\_\_

**NOTE:** You are considered as on the team at the time your registration is processed. 1<sup>st</sup> payment of ~~\$599.00~~ \$700.00 (plus uniform fees if applicable) is due upon being selected for the team. The balance is due according to the Payment Due Dates schedule. The total fee of ~~\$1,499.00~~ \$1,249.00 covers: in-season weekly practices, PBI League spring season, one spring tournament, PBI Pre-Season Winter Training Program. Uniform fees are additional. Any travel/lodging/meal arrangements and costs are the responsibility of individual players, not PBI.

### **IF YOU ARE SELECTED FOR THE TEAM...**

You must provide a credit card. Your credit card will be automatically charged for the 1<sup>st</sup> payment (+ uniform fees if applicable) upon registration. The balance of fees will be automatically charged to the credit card you indicate below according to the schedule within the "Payment Due Dates" section.

Method of Payment

- Visa CARD # \_\_\_\_\_
- Master Card
- AMEX Exp. Date \_\_\_\_\_ CV2 Code \_\_\_\_\_

Prefer to pay your balance by cash or check?... Present cash or check on payment due dates before 10PM. If cash or check is not received on payment due dates before 10PM your credit card will be charged.

### **\*\*\*REFUND/CANCELLATION POLICY \*\*\***

Absolutely NO cash refunds under any circumstance. All players are required to attend all practices, league games, tournaments, and PSWTP sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, PSWTP sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team before 2/01/16; monies paid to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher - less a \$100.00 administrative fee. In the event a player discontinues with the team on or after 2/01/16; no refunds or credit vouchers will be issued. No cash refunds will be issued under any circumstance. Please note; the entire PSWTP portion of the total fee is completely non-refundable.

### **CONFIRMATION OF AGREEMENT:**

I hereby agree to the above stated conditions of the 2016 PBI Spring Eagles policies. I have provided my credit card information within & authorize PBI to charge said credit card for all fees associated with the Spring Eagles and authorize PBI to charge said credit card on all payment due dates.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Are either parents/guardians a current member of the US military?  YES  NO