

# SPRING 12U 2016

You are 12u... if you are 12 years old or younger on 4/30/2016  
(born between 5/1/2003 thru 4/30/2004)



## EAGLES BASEBALL

### DID YOU KNOW...

EAGLES BASEBALL ASSOCIATION IS A 501(C)(3) ORGANIZATION. PLAYERS MAY FUNDRAISE THRU "EBA" TOWARDS THEIR FEES!!!

## → Tryout Info

→ Season Details → Tournament Details

→ Rawlings® Package → Winter Training Program

# What's Included...



- REGULAR SEASON LEAGUE PLAY
- MEMORIAL WEEKEND TOURNAMENT
- Rawlings® UNIFORM/APPAREL/ACCESSORIES
- PBI's JUNIOR WINTER TRAINING PROGRAM



## LEAGUE DETAILS

- 12u plays on 50/70 field; modified HS rules
- League games are played in the PBI League
- 8 League Games in regular season
- League games are played on Sunday's...  
4/3, 4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22
- League Semi-Final; Sunday 6/5 (*top 4 advance*)
- League Finals; Sunday 6/12
- Majority of league games in the local Bergen, Passaic, Rockland County areas
- Game times vary according to whom and where we are playing.

## PRACTICE DETAILS

Weekly practice thru the season at PBI

In Season Practice for after the JRWTP concludes ...

Week of March 14<sup>th</sup> ... TBA

Week of March 21<sup>st</sup> ... TBA

Week of March 28<sup>th</sup>... TBA

Thursday, April 7<sup>th</sup> and continuing each Thursday thru the regular season... 7:00PM – 8:30PM



[www.EAGLESBASEBALLASSOC.ORG](http://www.EAGLESBASEBALLASSOC.ORG)



Professional Baseball Instruction, Inc.  
107 Pleasant Ave. Upper Saddle River, NJ 07458

**1-800-282-4638**

[www.BASEBALLCLINICS.COM](http://www.BASEBALLCLINICS.COM)



## TOURNAMENT DETAILS

### → BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 27<sup>th</sup> –thru– Monday, May 30<sup>th</sup>

Location... Bergen County, NJ and surrounding area

Web... [www.memorialbenefit.org](http://www.memorialbenefit.org)

### → ADDITIONAL TOURNAMENTS

Teams have the option of attending other tournaments in addition to the one preset tournaments if the team chooses to do so.

#### Notes Regarding Tournaments...

- Attendance to preset tournaments is mandatory for all players.
- Travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- One preset tournament is factored into the total fee.
- Additional tournaments that the team may agree to attend are priced at \$199.00 per player—per tournament

## WINTER TRAINING

- Team training thru Dec. Jan. & Feb. in PBI's Junior Winter Training Program is included

See page 3 for full details regarding the JRWTP

# EAGLES TRAIN AS A TEAM THRU DEC., JAN. & FEB. IN PBI's...

# JUNIOR WINTER TRAINING PROGRAM

## JRWTP DETAILS

The Junior Winter Training Program is tailored specifically for players on the 50/70 field. Players enter the program according to their position.

As usual with all of PBI's specialty training programs players will intensively work on their defensive and hitting skills. But what makes this program unique is that we will extensively key in on the fundamental skills needed for the 50/70 game> All the baserunning aspects such as holding runners on, bunt defenses, 1<sup>st</sup> & 3<sup>rd</sup> defense, baserunning from an offensive prospective and so on.

## GOALS OF THE PROGRAM

- ➔ Prepare players to enter their season at peak performance.
- ➔ Condition players skills, knowledge and execution to top personal performance.
- ➔ Educate players on injury prevention and staying healthy thru the season.

## PLAYERS ENTER THE PROGRAM ACCORDING TO THEIR POSITION

If you play two positions... You will workout at you primary and secondary rotating every other workout.

## PITCHERS TRAINING DETAILS

All pitchers will be put on a progressive throwing program consisting of long toss, short range, flat ground and mound work. They will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. We will cultivate a change-up that they will become capable of throwing consistently. In February pitchers will compete in live game situations. Pitchers will learn how to throw bullpens properly as well as developing an in-season throwing routine. Pitching strategy will be a main focus as well. The pitchers will be put on a full shoulder and elbow maintenance program and learn how to care for their arm throughout the season. Defensively, we will learn how to hold runners on, and improve upon quickness and awareness of pick-off moves to all bases as well as overall pitchers fielding practice (PPF). Offensively, pitchers will work with our hitting instructors + practice their base-running.

## CATCHERS TRAINING DETAILS

All catchers will be put on a progressive throwing program. The health and strength of a catchers' arm is just as important as the pitchers'. Catchers will work on all the physical and mental skills required to be proficient behind the "dish". Areas of concentration are: Receiving, blocking, throwing to all bases, pick-off throws, fielding bunts, "plays at the plate," tags, double plays, 1<sup>st</sup> & 3<sup>rd</sup> responsibilities, and run-downs. Throughout the program catchers will be working very closely with their battery mates, the pitchers. Classifying hitters, understanding pitchers and calling a game will be discussed. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job. There are many aspects to the position that need to be mastered. Offensively, catchers will work with our hitting instructors + practice their base-running.

## INFIELDERS TRAINING DETAILS

Infielders will be put on a progressive throwing program to develop arm strength and health. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. Each position on the infield will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose". 1<sup>st</sup> & 3<sup>rd</sup> basemen, and middle infielders(2B/SS) will work on their position specific skills throughout the program. All infielders will develop a proper approach to all types of ground-balls, specific to their position. This includes routine, backhand, glove side, slow-rollers, high-choppers, short-hops, harder hit balls, and line-drives. Proper footwork, double plays, making tags, relay throws, 1<sup>st</sup> and 3<sup>rd</sup> responsibilities, run-downs, bunt defenses, and pick-off plays will all be taught according to position. Offensively, all infielders will work with our hitting instructors + practice their base-running. Offensively, infielders will work with our hitting instructors + practice their base-running.

## OUTFIELDERS TRAINING DETAILS

Outfielders will be put on a progressive throwing program to develop arm strength and health. As an outfielder footwork is "key." Footwork on all ground and fly-balls must be highly developed. All outfielders will work on routine ground-balls, angles of approach to ground and fly-balls, and getting a strong and accurate throw to the infield quickly. Offensively, all outfielders will work with our hitting instructors + practice their base-running.

## HITTERS TRAINING DETAILS

In the 1<sup>st</sup> 1/3 of the program, hitters will learn and develop hitting skills through tee work & short range drills that focus on mechanics and proper fundamentals for each individual hitter & batting practice (BP). Moving forward; Live BP will be the norm in January, and in February hitters will compete in live situations vs the pitchers and catchers.

## JRWTP HEAD COACHES...



**Doug Cinnella**  
Program Coordinator



**Greg Cinnella**  
Program Coordinator



**Steve Hayward**  
Pitching Director  
Former Boston Red Sox  
Tampa Bay Rays Scout



**Sam Ferretti**  
Infield Director  
Indians, Orioles & Rockies  
Rutgers Univ. Alumni



**Jack Winters**  
Roving Coach  
Former Pecos League  
Centenary College Coach



**Artie Lewicki**  
Pitching Coach  
Current Detroit Tiger  
Univ. of Virginia Alumni



**Gil Zayas**  
Outfield Director  
Former AC Surf  
North Bergen HS



**Wayne Richardson**  
Roving Coach  
Currently Coaching at  
Nyack College



**Zak Rose**  
Catching Director  
William Paterson Univ.  
Alumni



**Adam Derner**  
Hitting Director  
Former Frontier League  
2012 All American



**Aaron Weisberg**  
Roving Coach  
Current Can-Am League  
George Wash. Univ.

## JRWTP SCHEDULE...

JRWTP MEETS EVERY **TUESDAY**, PLUS 5 ADDITIONAL **THURSDAY'S**

Day	Time	Dates
<b>Tuesday's</b>	<b>4:30- 6:45PM</b>	<del>12/8, 15, 22, 1/5, 12, 19, 26, 2/2, 9, 23, 3/1</del>
<b>Thursday's</b>	<b>4:45- 7:00PM</b>	<del>12/10, 1/7, 1/21, 2/4, 2/25</del>

*The Junior Winter Training Program is already factored into the total spring fee.*



# Rawlings®

## THE OFFICIAL OUTFITTER OF EAGLES BASEBALL

New Eagle players receive the entire **Rawlings®** uniform package  
current and/or past players may order additional/replacement items

The **Rawlings®** package includes the following items...



### **EAGLES HAT**

Qty. per Player in package > 1  
"A la carte" price > \$12.00



### **GAME JERSEY**

Model #: ROAD / YROAD

Qty. per Player in package > 1  
"A la carte" price > Y \$50.00  
A \$50.00



### **GAME PANTS**

Model #: BP95MR / YBP95MR

Qty. per Player in package > 1  
"A la carte" price > Y \$30.00  
A \$34.00



### **CAGE JACKET**

Model #: TOCCJ / YTOCCJ

Qty. per Player in package > 1  
"A la carte" price > Y \$30.00  
A \$34.00



### **GEAR BAG**

Model #: PPWB

Qty. per Player in package > 1  
"A la carte" price > \$56.00



### **GAME SOCKS**

Model #: ARCHCRA

Qty. per Player in package > 1  
"A la carte" price > \$4.00



### **BATTING HELMET**

Model #: SX70S/J

Qty. per Player in package > 1  
"A la carte" price > Y \$34.00  
A \$34.00



### **BATTING GLOVES**

Model #: BGP950T

"A la carte" price > Y \$24.00  
A \$26.00



### **GAME BELT**

Model #: ABELT / YBELT

Qty. per Player in package > 1  
"A la carte" price > Y \$5.00  
A \$5.00

Cost is \$200.00 as an entire package ..... The "a-la-carte" prices listed reflect Eagles discount.



# EAGLES BASEBALL

## **EBA Mission**

The Eagles Baseball Association is committed to providing baseball players in the tri-state area with every opportunity on the baseball field without the politics that have become commonplace throughout the ranks of youth through high school baseball. Eagles players receive top-caliber training and coaching from the staff of Professional Baseball Instruction based out of Upper Saddle River, NJ.

The Eagles Baseball Association is a registered 501(c)(3) charitable organization.

## **Donate to EBA**

**The Eagles Baseball Association is a registered 501(c)(3) charitable organization.**

- ➔ Donations to EBA are tax deductible.
- ➔ Sponsor a Player... donate in the name of a specific player.
- ➔ Sponsor a Team... donate to a specific team.
- ➔ Team and Group Fundraising... teams or a group of players may fundraise towards a common cause.

*visit us on the web at...*

**[WWW.EAGLESBASEBALLASSOC.ORG](http://WWW.EAGLESBASEBALLASSOC.ORG)**

# 12U Spring 2016... REGISTRATION... PAYMENT... AGREEMENT

Players Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Father's Cell: \_\_\_\_\_ Mother's Cell: \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

## SCHEDULE YOUR TRYOUT

**Tryout Location**>>> PBI INDOOR FACILITY... 107 Pleasant Ave. Upper Saddle River, NJ 07458

**12U... TO SCHEUDLE A TRYOUT...**

**CALL: 1-800-282-4638 ext. 100**

**EMAIL: greg@baseballclinics.com**

Date/Time \_\_\_\_\_ Coach \_\_\_\_\_

**YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM ON:**

***72 HRS AFTER TRYOUT VIA EMAIL***

**IF YOU ARE CHOSEN FOR THE TEAM -**

**TEAM FEE WILL BE COLLECTED UPON REGISTRATION**

*(see opposite of this page for full payment details)*

**Private Tryout Fee: \$20.00**

Method of Payment

- Cash
- Check
- Visa
- Master Card
- AMEX

CARD # \_\_\_\_\_

Exp. Date \_\_\_\_\_

**Please review and complete opposite side of this page →→→**



**THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM.**  
Please Note... Players will not be permitted to tryout if the sections below are not completed.

**12u... 2016 Spring Eagles- ~~\$1,799.00~~ \$1,125.00**

*Team/Tournament(\$899.00) + JRWTP(\$900.00 \$226.00) + (Uniform fees if applicable)*

**Note: Since the winter training program is already in progress; this is the Pro-Rated Price as of 2/09/16. As dates pass, price will adjust down accordingly.**

### PAYMENT DUE DATES

- 1<sup>st</sup> Payment Due upon selection to team..... **\$700.00**
- I need Rawlings® Uniform Package.....+ \$200.00
- I need additional uniform items.....+ \$ \_\_\_\_\_
- 2<sup>nd</sup> Payment Due on 1/05/16..... **\$425.00**

GRAND TOTAL..... \$ \_\_\_\_\_

**NOTE:** You are considered as on the team at the time your registration is processed. 1<sup>st</sup> payment of ~~\$899.00~~ \$700.00 (plus uniform fees if applicable) is due upon being selected for the team. The balance is due according to the Payment Due Dates schedule. The total fee of ~~\$1,799.00~~ \$1,125.00 covers: in-season weekly practices, PBI League spring season, one spring tournament, PBI Junior Winter Training Program. Uniform fees are additional. Any travel/lodging/meal arrangements and costs are the responsibility of individual players, not PBI.

### **IF YOU ARE SELECTED FOR THE TEAM...**

You must provide a credit card. Your credit card will be automatically charged for the 1<sup>st</sup> payment (+ uniform fees if applicable) upon registration. The balance of fees will be automatically charged to the credit card you indicate below according to the schedule within the "Payment Due Dates" section.

Method of Payment

- Visa CARD # \_\_\_\_\_
- Master Card
- AMEX Exp. Date \_\_\_\_\_ CV2 Code \_\_\_\_\_

Prefer to pay your balance by cash or check?... Present cash or check on payment due dates before 10PM. If cash or check is not received on payment due dates before 10PM your credit card will be charged.

### **\*\*\*REFUND/CANCELLATION POLICY \*\*\***

Absolutely NO cash refunds under any circumstance. All players are required to attend all practices, league games, tournaments, and JRWTP sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, JRWTP sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team before 2/01/16; monies paid to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher – less a \$100.00 administrative fee. In the event a player discontinues with the team on or after 2/01/16; no refunds or credit vouchers will be issued. No cash refunds will be issued under any circumstance. Please note; the entire JRWTP portion of the total fee is completely non-refundable.

### **CONFIRMATION OF AGREEMENT:**

I hereby agree to the above stated conditions of the 2016 PBI Spring Eagles policies. I have provided my credit card information within & authorize PBI to charge said credit card for all fees associated with the Spring Eagles and authorize PBI to charge said credit card on all payment due dates.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Are either parents/guardians a current member of the US military?  YES  NO