

You are 10u... if you are 10 years old or younger on 8/31/2017 (born between 9/1/2006 thru 8/31/2007)



→ Tryout Info

- → Season Details → Tournament Details
 - → Options to add winter training



Eagles Baseball... Spring 2017



What's Included...



- → REGULAR SEASON LEAGUE PLAY
- → MEMORIAL WEEKEND TOURNAMENT
 - OPTION TO ADD WINTER TRAINING



LEAGUE DETAILS

- 10u plays on 46/60 field; Little League rules
- League games are played in the PBI League
- → 8 League Games in regular season
- → League games are played on Sunday's... 3/26, 4/2, 4/9, 4/23, 4/30, 5/7, 5/14, 5/21
- Semifinals on 6/4 (top 4 advance); Finals on 6/11
- Majority of league games in the local Bergen, Passaic, Rockland County areas
- → Game times vary according to whom and where we are playing.

PRACTICE DETAILS

Weekly Practice thru the season at PBI

Week of March 13th... TBA ... at PBI Week of March 20th... TBA ... at PBI Week of March 27th... TBA ... at PBI Tuesday, April 4th and continuing every Tuesday thru the season... 6:00pm – 7:30pm

<u>UNIFORMS</u>

New Eagle players uniform includes> Jersey, Pants, Hat New Uniform fee is \$100.

Past/Returning players may get additional Uniform items if needed Additional uniform item prices> Jersey(\$50.), Pants(Y-\$37. A-\$41.), Hat(\$12.)



Professional Baseball Instruction, Inc.

107 Pleasant Ave. Upper Saddle River, NJ 07458

1-800-282-4638

WWW.BASEBALLCLINICS.COM

















TRYOUTS

You may attend an open tryout or schedule your own private tryout.

OPEN TRYOUTS

Available every **MONDAY** at **4:00_{PM}** Available every **TUESDAY** at **8:30_{PM}**

(Must pre-register to guarantee tryout spot. Limited availability.)

PRIVATE TRYOUTS

Available 7 days a week

Call 201-760-8720 ext. 100 ...or... email greg@baseballclinics.com

TOURNAMENT DETAILS

BERGEN COUNTY CHARITY CLASSIC

<u>Dates</u>... Friday, May 26th –thru– Monday, May 29th <u>Location</u>... Bergen County, NJ and surrounding area Web... www.memorialbenefit.org

→ ADDITIONAL TOURNAMENTS

Teams have the option of attending other tournaments in addition to the one preset tournaments if the team chooses to do so.

Notes Regarding Tournaments...

- → Attendance to preset tournaments is mandatory for all players.
- → Travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- → One preset local tournament is factored into the total fee.
- → Additional tournaments that the team may agree to attend are priced at \$199.00 to \$299.00 per player—per tournament.

2017 PRICING

10u Spring Eagles Team... \$899.00

(If you are in need of an Eagles uniform, add \$100.00 to the total)

You also have the option of adding winter training

Pre Season WTP 1 (*1 month* March Only) ... + \$200.00 Pre Season WTP 2 (*2 months* February & March) ... + \$400.00

GET A HEAD START ON THE SEASON WITH WINTER TRAINING...

Players have the option of adding PBI's "Pre-Season Winter Training Program.

PRE- SEASON WINTER TRAINING PROGRAM

PSWTP DETAILS

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off- season training program available for 9 & 10 year old baseball players. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bringing you to the doorstep of the 2017 baseball season fully prepared and ready to go!

GOALS OF THE PROGRAM

- → Prepare players to enter their season at peak performance.
- → Condition players to top personal performance.
- → Improve players' position specific skills, knowledge and execution.

PROGRAM OVERVIEW

All players will be put on a progressive throwing program to develop arm strength and health. Players will work on both infield & outfield skills. Players will pitch, and players who choose to do so, will work "behind the plate" on their catching.

All players will be on a progressive hitting program. Starting off with swing fundamentals & leading up to taking situational at-bats. The program also includes base-running skills.

In March, the main focus of the workouts will be Live Situations. Each hitter will take situational at-bats while pitchers will be capable of throwing competitive pitches prior to the start of the season.

- → Pitchers will throw in *live simulated game situations*.
- → Hitters will take live simulated at-bats.
- → Catchers will also throw full distance to all bases.
- → Outfielders & Infielders will field in live simulated game situations.

SCHEDULE OPTIONS

You may join the program and train for either 1 or 2 months

Day	Time	February	March
Monday's	5:00- 7:00рм	2/6, 13, 20, 27	3/6, 13, 20, 27

PLAYERS WILL TRAIN IN BOTH THE INFIELD, OUTFIELD AND ALSO AS PITCHERS. ALL PLAYERS WILL HIT AND BASERUN.

Only players who wish to catch will work on their catching skills.

HITTING TRAINING DETAILS

(All players will work on their hitting & base-running skills)

In January, hitters will learn and develop hitting skills through tee work & drills that focus on mechanics and proper fundamentals for each individual hitter. Hitting inside & outside pitches in addition to hitting various speeds of pitches will be worked on. Situational hitting & live BP will be the norm in February. In March; hitters will take live situational at bats with our new ProBatter© Virtual Simulator. Base-running skills from all bases will also be a focus of our attention as well.

INFIELD TRAINING DETAILS

We will develop a proper approach to all types of ground- balls. This includes routine, backhand, glove side, slow- rollers, high- choppers, short- hops, harder hit balls, and line- drives. Proper footwork, double plays, making tags, relay throws, 1st and 3rd responsibilities, run- downs, bunt defenses, and pick- off plays will be covered. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. We will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose." 1st base play will also be covered.

OUTFIELD TRAINING DETAILS

As an outfielder footwork is "key." Footwork on all ground and fly- balls must be highly developed. In the outfield we will work on routine ground and fly balls , angles of approach to ground and fly- balls, and getting a strong and accurate throw to the infield quickly.

PITCHING TRAINING DETAILS

All pitchers will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. Once our fastball is established; pitchers will then develop and improve upon a change- up that they are capable of throwing consistently. In March we will compete in live situations. Pitchers will learn how to throw bullpens properly as well as developing a game plan. Pitching strategy will be a main focus as well. Defensively, we will improve quickness and awareness of overall pitchers fielding practice.

CATCHING TRAINING DETAILS

(Only players who wish to work on their catching will catch)

Catchers will work on not only the physical, but also the mental skills required to be proficient behind the "dish." Areas of concentration are: Receiving, blocking, throwing to all bases, fielding bunts, "plays at the plate," tags, double plays, and run- downs. Understanding pitchers and calling a game will be discussed as well. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job.

10u Spring 2017... REGISTRATION... PAYMENT... AGREEMENT

Players Name: DOB:	A DECEMBER	THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM. Players will not be permitted to tryout if the sections below are not completed.
,	adr.	
Address:	And the second s	10u Spring Eagles Team \$899.00 Would you like to attend a winter training program?
City:State:Zip:	A SOUTH A MARKET	Middle School WTP 1 (*1 day per week* Tue -or- Thu in March)
Father's Name: Mother's Name:	A SECON A SECON AS SE	PAYMENT DUE DATES
Father's Cell: Mother's Cell:		✓ 50% of Total Due upon selection to team\$ □ I need a full UNIFORM (jersey, pants, hat)+ \$100.00
Parent's Email(s):	S COLLA PARTICIPATO DE COLLA P	□ I am adding PSWTP 1 (March Only)+ \$200.00 □ I am adding PSWTP 2 (February & March)+ \$400.00
Parent's Email(s):	THE STATE OF THE S	☑ balance of Total Due on 3/15/17\$ GRAND TOTAL\$
What school grade are you in?: <u>Bats</u> : LEFT — RIGHT <u>Throws</u> : LEFT — RIGHT		
Primary Position: Alternate Position(s): Do you?	is T	<u>IOTE</u> : You are considered as on the team at the time your registration is processed. 1st payment of 50% of the total fet due upon being selected for the team. The balance is due according to the Payment Due Dates schedule feam/Tournament portion of the fee (\$899.00) covers: in-season weekly practices, PBI League spring season, one local pring tournament. If you choose to add PBI's Pre Season Winter Training Program (PSWTP); the PSWTP portion of the
Please Note roster spots will be awarded to players at the sole discretion of PBI on a first come—first served basis. PBI reserves the right to cancel a tryout date in the event the roster becomes complete prior to a tryout date.	A SOUTH ASSOCIATION OF THE PROPERTY OF THE PRO	se covers your PSWTP selection. Uniform fees are additional.
Tryout Location>>> PBI INDOOR FACILITY 107 Pleasant Ave. Upper Saddle River, NJ 07458	MATERIAL MAT	IF YOU ARE SELECTED FOR THE TEAM
OPEN TRYOUTS Must pre-register to guarantee tryout spot. Limited availability.		PAY BY CREDIT CARD Visa, Master Card, American Express 1st payment will be processed to the credit card listed below upon being selected to the team. The balance of fees will be processed to the credit card listed below according to the schedule outlined in the "Payment Due Dates" section.
☐ OPEN TRYOUT MONDAY 4:00pm at PBI Date:	Maria Sala Baras	Card # Exp Code:
☐ OPEN TRYOUT TUESDAY 8:30PM at PBI Date:	BUILD BOOKS	PAY BY CASH / CHECK You must provide a credit card even if paying by cash/check. Cash/check payments must be presented by the payment
PRIVATE TRYOUTS To schedule a tryout call 201-760-8720 ext. 100or email greg@baseballclinics.com		due dates 8:00pm, otherwise, PBI will process payment to the credit card listed below.
PRIVATE TRYOUT Date/Time: Coach:	MILETAL STREET	Card # Exp Code:
YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM WITHIN 7 DAYS VIA EMAIL. There are three possible outcomes 1) Yes 2) No 3) Wait List **add greg@baseballclinics.com to your address book to insure you receive the email**	Abs mei gan cred disc	REFUND/CANCELLATION POLICY *** solutely NO cash refunds under any circumstance. All players are required to attend all practices, league games, tounts, and if applicable; selected winter training sessions. PBI cannot provide make-up times for any missed practices, leadines, tournaments, winter training sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue dit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team before 2/01/17; monies paid to that date towards the team fee/tournament fee may be prorated in of a PBI credit voucher – less a \$100.00 administrative fee. In the event a player discontinues with the team on or a
☐ Open Tryout is \$10.00		1/17; no refunds or credit vouchers will be issued. Please note; if you have selected a winter training program, the er ter training portion of the total fee is completely non-refundable.
☐ Private Tryout: \$20.00		ONFIRMATION OF AGREEMENT: reby agree to the above stated conditions of the 2017 PBI Spring Eagles policies. I have provided my credit card informa
Accepted Methods of Payment:	with	nin & authorize PBI to charge said credit card for all fees associated with the Spring Eagles.
CARD# ExpCode:		ignature:
Please review and complete opposite side of this page →→→		int Name: Date: Are either parents/guardians a current member of the US military? □YES □NO
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