REGISTRATION, PAYMENT & AGREEMENT SRWITE

iddle School:	Your Current Grade:
ddress:	
	State: Zip:
athers Name: Mothers Name:_	
athers Cell: Mothers Cell:	Home Phone:
Mail ^(S) :	
Pay in Full Payment Plan 1st Payment Due upon Registration	REFUND POLICIES— NO cash refunds or credit vouchers will be issued under any circumstance. MAKE-UP TIME— You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time. WEATHER— All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of New Jersey. PAYMENT PLAN— If you choose to use the payment plan you MUST provide a credit card. Your credit card will be automatically charged on each of the payment due dates. If you choose to use the payment plan you are responsible for the full cost of the program. If you choose not to continue sometime before the 2nd and/or 3rd payments are due, you are still responsible for and will be charged for the full price of the program. A late fee of 2% will be incurred on payments that are more than 7 days overdue. HOLD HARMLESS— I hereby acknowledge that participation in any program provided by Professional Baseball Instruction (PBI) involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI, NJ Sports House, The Wright Way, and all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereb







"Senior Winter Training Program" is the most intense and thor-Position Specific Off- Season Training Program available ayers that are on the full sized 60/90 field. This program will sively key in on the fundamental and advanced skills needed e 60/90 game of "real baseball". The SRWTP will bring you to oorstep of the 2019 season fully prepared and ready to go!



www.BASEBALLCLINICS.com















Attention 13u & 14u (60/90 field) Baseball Players

GOALS OF THE PROGRAM

- → Prepare players to enter their season at peak performance.
- → Condition players skills, knowledge & execution to top personal performance
- → Educate players on injury prevention and staying healthy thru the season.

DESIGN YOUR SCHEDULE...

→ # OF MONTHS... CHOOSE 4 -or- 3 -or- 2 -or- 1

Day	Time	December	January	February	March
Thursday's	6:00- 8:00рм	12/6, 13, 20	1/3, 10, 17, 24, 31	2/7, 14, 21, 28	3/7, 14, 21, 28

<u>Pricing</u>

4 Months (DEC & JAN & FEB & MAR) 16 total sessions	3 Months (JAN & FEB & MAR) 13 total sessions	2 Months (FEBRUARY & MARCH) 8 total sessions	1 Months (MARCH) 4 total sessions
Мемвег \$639. ⁹⁹	MEMBER \$549.99	MEMBER \$355.99	Мемвек \$185. ⁹⁹
REGULAR \$699. ⁹⁹	REGULAR \$599. ⁹⁹	REGULAR \$390. ⁹⁹	REGULAR \$209. ⁹⁹

HEAD COACHES



DOUG CINNELLA

President of PBI Veteran of 9 Professional Seasons Orioles, Expos, Mets, Yankees Current Cincinnati Reds Scout Seton Hall Univ. Hall of Fame



STEVE HAYWARD

Pres; Baseball Health Network Veteran of 6 Professional seasons Sox & Aberdeen Pheasants Current Tampa Bay Rays Scout Seton Hall Univ. Alumni



KEITH SCHNEIDER

10 year varsity head coach at Secaucus. Played at Montclair State. Has coached several championship teams for the PBI Eagles.



GIANNI ZAYAS

Former Seattle Mariners Former Sussex County Miners FAU Alumni



BOBBY LINEBURG

Bobby's enthusiasm for baseball and teaching kids how to play are obvious from the moment you walk into PBI!! Bobby is one of the most successful coaches in the history of the PBI Eagles. He has won over 15 championships.



<u>KEITH CEDRO</u>

NY Mets—Strength & Conditioning Coach Conditioning Consultant—NY Giants & SH



DAVE DANIELS

Dave was drafted in the 9th round by the Washington Senators. Also played for Texas Rangers. Dave continued on to play in Europe and has coached National teams for both France and the Netherlands.

VISIT WWW.BASEBALLCLINICS.COM FOR A FULL LIST OF PBI'S STAFF

PLAYERS ENTER THE PROGRAM ACCORDING TO THEIR POSITION

If you play multiple positions, you will rotate positions each workout.

STRENGTH, AGILITY, CONDITIONING... The PBI Senior Winter Training

Program will include strength, agility and conditioning work under the watchful eye of **Keith Cedro**, former strength coach of the **NY Mets**.

OFFENSIVE TRAINING INCLUDES... The PBI hitting program is designed by Clint Hurdle, Manager of the Pittsburgh Pirates, former Manager of the Colorado Rockies who Clint managed to the World Series in 2007. The hitting program is focused on balance and controlling the

body before, during and after the swing. The swing path is tightened up so all hitters can be confident in their ability to make solid contact consistently. When our players can control their swings you will

see increased exit velocity and launch angle off the bat. Bat speed will be maintained at the most effect rate for each hitter.

DEFENSIVE TRAINING INCLUDES... Extensive groundball work, turning double plays, diving, slow roller, off balance throwing including the ("**Derek Jeter**") jump throw technique. Run down execution, back hand/glove side training, short hop glove approach as well as building arm

strength. Outfielders will work on arm strength, ground balls, slide-catch techniques with limited fly ball training. Foot work and angles on ground balls hit to the outfield will be worked on extensively.

The SRWTP, along with New Jersey's best coaching staff to bring you a winning combination of total baseball training!