

SPRING 10U 2018

*You are 10u... if you are 10 years old or younger on 8/31/2018
(born between 9/1/2007 thru 8/31/2008)*



EAGLES BASEBALL

*Regular Season League Play
in PBI Baseball League*



*Bergen County Charity Classic
5/25/18 – 5/28/18*



*Option to add Winter Training
January thru March*

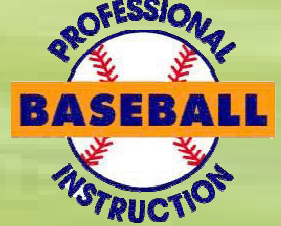


→ Tryout Info → Season Details → Tournament Details
→ Option to add Winter Training

What's Included...



- ➔ REGULAR SEASON LEAGUE PLAY
- ➔ MEMORIAL WEEKEND TOURNAMENT
- ➔ OPTION TO ADD WINTER TRAINING



LEAGUE DETAILS

- ➔ 10u plays on 46/60 field; primarily LL rules
- ➔ League games are played in the PBI League
- ➔ 8 League Games in regular season
- ➔ League games are played on Sunday's...
3/25, 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20
- ➔ Semifinals on 6/3 and Finals on 6/10
- ➔ Majority of league games in the local Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.

PRACTICE DETAILS

Thursday, March 15th... 4:30PM – 6:00PM... at PBI
 Thursday, March 22nd... 4:30PM – 6:00PM... at PBI
 Saturday, March 24th... 3:00PM – 4:30PM... at PBI
 Thursday, March 29th... 4:30PM – 6:00PM... at PBI

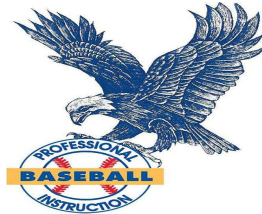
Tuesday, April 3rd ... 6:00PM – 7:30PM... at PBI
 and continuing every Tuesday at 6:00PM thru the season

UNIFORMS

New Eagle players uniform includes> Jersey, Pants, Hat
 New Uniform fee is \$100.

Additional Uniform items available if needed

Additional uniform item prices> Jersey(\$50.), Pants(Y-\$37. A- \$41.), Hat(\$12.)



Professional Baseball Instruction, Inc.

12 Wright Way Oakland, NJ 07436

1-800-282-4638

www.BASEBALLCLINICS.com

TRYOUTS

You may attend an open tryout or schedule your own private tryout.

OPEN TRYOUTS

Available every **THURSDAY** at **4:30PM**
 (Must pre-register 24 hrs in advance. Limited availability.)

PRIVATE TRYOUTS

Available Monday thru Saturday
 Call 201-760-8720 ext. 100 ...or... email greg@baseballclinics.com

2017 Spring Eagles... \$595.⁰⁰

➔ ADD Pre-Season Winter Training Program (PSWTP)
 (Jan thru Mar \$479.) (Feb & Mar \$329.) (March \$179.)

TOURNAMENT DETAILS

➔ BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 25th –thru– Monday, May 28th

Location... Bergen County, NJ and surrounding area

Web... www.memorialbenefit.org

Notes Regarding Tournaments...

- ➔ Attendance to tournament is mandatory for all players.
- ➔ Any applicable travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.
- ➔ One preset local tournament is factored into the total fee.

WINTER TRAINING

Eagle players have the option of attending a PBI winter training program. Program is available at a discounted rate for Spring Eagle Players.

Players have the option of adding PBI's...

- ➔ Pre-Season Winter Training Program (PSWTP)

Players may design their own training schedule...

- ➔ begin in January, February, or March

See page 3 for full details regarding the winter training options

GET A HEAD START ON THE SEASON WITH WINTER TRAINING...

PRE-SEASON WINTER TRAINING PROGRAM

PSWTP DETAILS

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off-season training program available for 9 & 10 year old baseball players. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bring you to the doorstep of the 2018 baseball season fully prepared and ready to go!

GOALS OF THE PROGRAM

- Prepare players to enter their season at peak performance.
- Condition players to top personal performance.
- Improve players' position specific skills, knowledge and execution.

PROGRAM OVERVIEW

All players will be put on a progressive throwing program to develop arm strength and health. Players will work on both infield & outfield skills. Players will pitch, and players who choose to do so, will work "behind the plate" on their catching.

All players will be on a progressive hitting program. Starting off with swing fundamentals & leading up to taking situational at-bats. The program also includes base-running skills.

In March, the main focus of the workouts will be Live Situations. Each hitter will take situational at-bats while pitchers will be capable of throwing competitive pitches prior to the start of the season.

- Pitchers will throw in **simulated game situations**.
- Hitters will take **simulated situational at-bats**.
- Catchers will also **throw full distance** to all bases.
- Outfielders & Infielders will field in **simulated game situations**.

PSWTP SCHEDULE

YOU MAY TRAIN FOR 3 -or- 2 -or- 1 MONTHS

Day	Time	January	February	March
Monday's	5:00- 7:00PM	1/8, 15, 22, 29	2/5, 12, 19, 26	3/5, 12, 19, 26

PLAYERS WILL TRAIN IN THE INFIELD, OUTFIELD AND ALSO PITCH.
ALL PLAYERS WILL TRAIN HITTING AND BASERUNNING.

HITTING TRAINING DETAILS

(All players will work on their hitting & base-running skills)

In January, hitters will learn and develop hitting skills through tee work & drills that focus on mechanics and proper fundamentals for each individual hitter. Hitting inside & outside pitches in addition to hitting various speeds of pitches will be worked on. Situational hitting & live BP will be the norm in February. In March; hitters will take situational at bats. Base-running skills from all bases will also be a focus of our attention as well.

PITCHING TRAINING DETAILS

All pitchers will learn to develop "command" of their fastball (4-seam, 2-seam) regardless of how hard they throw. Once our fastball is established; pitchers will then develop and improve upon a change-up that they are capable of throwing consistently. In March we will compete in live situations. Pitchers will learn how to throw bullpens properly as well as developing a game plan. Pitching strategy will be a focus as well. Defensively, we will improve quickness and awareness of overall pitchers fielding practice.

INFIELD TRAINING DETAILS

We will develop a proper approach to all types of ground-balls. This includes routine, backhand, glove side, slow- rollers, high- choppers, short- hops, harder hit balls, and line- drives. Proper footwork, double plays, making tags, relay throws, 1st and 3rd responsibilities, run- downs, bunt defenses, and pick- off plays will be covered. During the course of a game infielders need to execute throws from a wide variety of arm angles and body positions. We will work on the proper mechanics of these throws, and learn how to treat every throw "with a purpose." 1st base play will also be covered.

OUTFIELD TRAINING DETAILS

As an outfielder footwork is "key." Footwork on all ground and fly- balls must be highly developed. In the outfield we will work on routine ground and fly balls, angles of approach to ground and fly- balls, and getting a strong and accurate throw to the infield quickly.

CATCHING TRAINING DETAILS

(Only players who wish to work on their catching will catch)

Catchers will work on not only the physical, but also the mental skills required to be proficient behind the "dish." Areas of concentration are: Receiving, blocking, throwing to all bases, fielding bunts, "plays at the plate," tags, double plays, and run- downs. Understanding pitchers and calling a game will be discussed as well. Catchers will not only learn and develop the physical skills needed to be a good catcher, but the mental aspects of how to control the game, the team, and be a leader on the field will be enhanced. As a catcher your priority is defense. Making your pitcher look good and keeping your team "in the game" is your job.

10u Spring 2018... REGISTRATION... PAYMENT... AGREEMENT

Players Name: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

Father's Name: _____ Mother's Name: _____

Father's Cell: _____ Mother's Cell: _____

Parent's Email(s): _____

Parent's Email(s): _____

What school grade are you in?: _____ Bats: LEFT — RIGHT Throws: LEFT — RIGHT

Primary Position: _____ Alternate Position(s): _____ Do you?... PITCH CATCH

SCHEDULE YOUR TRYOUT

Please Note... roster spots will be awarded to players at the sole discretion of PBI on a first come—first served basis. PBI reserves the right to cancel a tryout date in the event the roster becomes complete prior to a tryout date.

Tryout Location>>> **PBI INDOOR FACILITY... 12 Wright Way Oakland, NJ 07436**

OPEN TRYOUTS... Must pre-register 24 hours in advance. Limited availability.

OPEN TRYOUT... THURSDAY'S... 4:30PM Date: _____

Can't make any of the tryout dates?... Private tryouts available by appointment.
To schedule a private tryout call 1-800-282-4638 ext. 100 or email to greg@baseballclinics.com

PRIVATE TRYOUT... Date/Time: _____ Coach: _____

YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM...

WITHIN 7 DAYS VIA EMAIL

There are three possible outcomes... 1) Yes... 2) No... 3) Wait List

Group Tryout is \$10.00

Private Tryout: \$10.00

Accepted Methods of Payment:

Cash Check Visa Master Card AMEX

CARD# _____ Exp. _____ Code: _____

Please review and complete opposite side of this page →→→

THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM.

10u... 2018 Spring Eagles Payment Info

- Spring Season/Tournament \$595.00
 - + PSWTP... Jan. thru March..... + \$479.
 - + PSWTP... Feb. & March..... + \$329.
 - + PSWTP... March Only..... + \$179.
- I will be adding a Winter Training Program..... + \$ _____
- I need a full Uniform (jersey, pants, hat)..... + \$100.00
- I need additional uniform items..... + \$ _____

GRAND TOTAL..... \$ _____

PAYMENT DUE DATES

- 1/3 of Total Due upon selection to team..... \$ _____
- 1/3 of Total Due on 2/01/18..... \$ _____
- 1/3 of Total Due on 3/01/18..... \$ _____

IF YOU ARE SELECTED FOR THE TEAM...

PAY BY CREDIT CARD Visa, Master Card, American Express

1st payment will be processed to the credit card listed below upon being selected to the team. The balance of fees will be processed to the credit card listed below according to the schedule outlined in the "Payment Due Dates" section.

Card # _____ Exp. _____ Code: _____

PAY BY CASH / CHECK

You must provide a credit card even if paying by cash/check. Cash/check payments must be presented by the payment due dates 8:00PM, otherwise, PBI will process payment to the credit card listed below.

Card # _____ Exp. _____ Code: _____

***REFUND/CANCELLATION POLICY ***

Absolutely NO cash refunds under any circumstance. All players are required to attend all practices, games, tournaments, and selected winter training sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, winter training sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team prior to 2/01/18; monies paid to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher – less a \$100.00 administrative fee. In the event a player discontinues with the team on or after 2/01/18; no refunds or credit vouchers will be issued. Please note; the entire winter training portion of the total fee is completely non-refundable.

CONFIRMATION OF AGREEMENT:

I hereby agree to the above stated conditions of the 2018 PBI Spring Eagles policies. I have provided my credit card information within & authorize PBI to charge said credit card for all fees associated with the Spring Eagles.

Signature: _____

Print Name: _____ **Date:** _____

Are either parents/guardians a current member of the US military? YES NO

