

# REGISTRATION, PAYMENT & AGREEMENT '19/'20 HSHPWTP

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

HS: \_\_\_\_\_ Grad Yr: \_\_\_\_\_  VARSITY  JV  FRESHMAN  
At What Level Did You Play HS Baseball in 2019?

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Fathers Name: \_\_\_\_\_ Mothers Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Fathers Cell: \_\_\_\_\_ Mothers Cell: \_\_\_\_\_ Player Cell: \_\_\_\_\_

E-Mail(s): \_\_\_\_\_

## CHOOSE NUMBER OF MONTHS

- 3 Months (Dec/Jan/Feb)     2 Months (January & February)     1 Month (February Only)

## CHOOSE YOUR TRAINING DAY(S)

- MONDAY'S     THURSDAY'S

## METHOD OF PAYMENT

- Pay in Full**  
 **Payment Plan**  
 1<sup>st</sup> Payment Due upon Registration..... 50%  
 2<sup>nd</sup> Payment Due on February 1, 2020..... balance

TOTAL DUE: \_\_\_\_\_

- PAY BY CREDIT CARD** *Visa, Master Card, American Express*  
 **PAY BY CASH or CHECK** You must provide a credit card even if paying by cash or check. Cash or check payments must be presented by 10pm on the payment due dates, otherwise, payment will be processed to the credit card below.

Card # \_\_\_\_\_  
 Exp: \_\_\_\_\_ CVV: \_\_\_\_\_

**\*\*ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE\*\***

## SIGNATURE AND AGREEMENT

**REFUND POLICIES**- NO cash refunds or credit vouchers will be issued under any circumstance.

**MAKE-UP TIME**- You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time.

**WEATHER**- All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of New Jersey.

**PAYMENT PLAN**- If you choose to use the payment plan you **MUST** provide a credit card. Your credit card will be automatically charged on each of the payment due dates. If you choose to pay by cash or check you must present your payment on the due dates before 8PM. If you choose to use the payment plan you are responsible for the full cost of the program. If you choose not to continue sometime before the 2<sup>nd</sup> and/or 3<sup>rd</sup> payments are due, you are still responsible for and will be charged for the full price of the program. A late fee of 2% will be incurred on payments that are more than 7 days overdue.

**HOLD HARMLESS**- I hereby acknowledge that participation in any program provided by Professional Baseball Instruction (PBI) involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI, all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of the participant.

**By affixing my signature below I confirm that I have read and agree to the Refund, Payment Plan, Make-Up Policies, and Hold Harmless Agreement stated above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Are either parents and/or guardians an active member of the US military?  YES  NO

# HIGH SCHOOL

# PITCHING

# AND

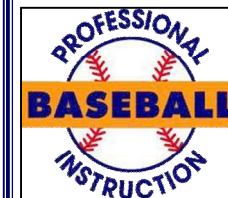
# HITTING

## Design Your Own Training Schedule

★ CHOOSE 1 OR 2 DAYS PER WEEK ★

★ CHOOSE 1, 2 OR 3 MONTHS ★

PBI now offering the best of both worlds, a high level pitching and hitting program for today's 2 way players. This NEW high energy, highly technical program will utilize our new SMART MITT training program for pitchers, the BLAST MOTION system for hitting and the PRO MIRROR video analysis system for both hitters and pitchers.



www.**BASEBALLCLINICS**.co



1300 Route 17 North, Ramsey, NJ 07446  
 1-800-282-4638 www.BASEBALLCLINICS.com

# Design YOUR Training According to YOUR Schedule

## GOALS OF THE PROGRAM

- Prepare players to enter their high school season at peak performance.
- Condition players skills, knowledge & execution to top personal performance
- Educate players on injury prevention and staying healthy thru the season.

## DESIGN YOUR SCHEDULE...

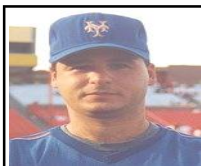
- **DAYS PER WEEK... CHOOSE 1 -or- 2**
- **# OF MONTHS... CHOOSE 1 -or- 2 -or- 3**

Day	Time	December	January	February
Monday's	8:30- 10:00PM	12/2, 9, 16	1/6, 13, 20, 27	2/3, 10, 17, 24, 3/2
Thursday's	8:30- 10:00PM	12/5, 12, 19	1/2, 9, 16, 23, 30	2/6, 13, 20, 27

## PRICING

	3 MONTHS (DEC & JAN & FEB)	2 MONTHS (JAN & FEB)	1 MONTH (FEBRUARY)
1 DAY PER WEEK..... 12 TOTAL SESSIONS	<b>\$499.99</b>	<b>\$359.99</b>	<b>\$225.99</b>
2 DAYS PER WEEK..... 24 TOTAL SESSIONS	<b>\$949.99</b>	<b>\$739.99</b>	<b>\$449.99</b>

## HEAD COACHES



### DOUG CINNELLA

President of PBI  
Veteran of 9 Professional Seasons,  
Orioles, Expos, Mets, Yankees  
Current Cincinnati Reds Scout  
Seton Hall Univ. Hall of Fame



### STEVE HAYWARD

Pres; Baseball Health Network  
Veteran of 6 Professional seasons  
Red Sox & Aberdeen Pheasants  
Current Tampa Bay Rays Scout  
Seton Hall Univ. Alumni



### KEITH CEDRO

NY Mets- Strength & Conditioning Coach  
Conditioning Consultant- NY Giants & SHU  
Founder- Linear Stretch Conditioning Systems  
Founding Partner- Major League Fitness Centers  
Host of ESPN's "Cross Training with the Pro's"



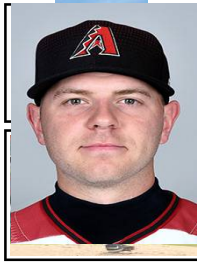
### JACK WINTERS

Veteran of 2 professional seasons  
Current coach of BCCC, Former New  
York University Coach  
Coaches in MCBL



### PATRICK KIVLEHAN

Current player with  
Toronto Blue Jays  
Rutgers Univ. Alumni



### ARTIE LEWICKI

Current player with  
Arizona Diamondbacks  
Univ. Virginia Alumni

## THIS PROGRAM COMBINES HITTING AND PITCHING

**STRENGTH • AGILITY • CONDITIONING...** The PBI High School Hitting and Pitching Winter Training Program will include strength, agility and conditioning work under the watchful eye of **Keith Cedro**, former strength coach of the **NY Mets**, as well as the entire PBI staff of coaches.

**HITTING TRAINING INCLUDES.....** The PBI hitting program is designed by **Clint Hurdle**, Former Manager of the **Pittsburgh Pirates**, former Manager of the Colorado Rockies who Clint managed to the **World Series** in 2007. The hitting program is focused on balance and controlling the body before, during and after the swing. The swing path is tightened up so all hitters can be confident in their ability to make solid contact consistently. When our players can control their swings you will see increased exit velocity and launch angle off the bat. All hitters will utilize the Blast Motion hitting system to track their progress over the course of this highly effective training program. All hitters will also be video taped using the Pro Mirror system, which provides instant feedback to all hitters.

**PITCHING TRAINING INCLUDES.....** All pitchers will be put on a progressive throwing program which will ensure each pitcher properly "conditions" their throwing arm prior to stepping on the mound. We will also utilize our, "Pro Mirror" video system and "Smart Mitt" as part of our "Pitching Performance Center". Our goal is to allow each pitcher to find their own natural rhythm to maximize their efficiency on the mound.

PBI has been developing winning pitchers for over 20 years. Pitching to win is our ultimate goal.

***The HSHPWTP, along with New Jersey's best coaching staff to bring you a winning combination of total baseball training!***