

REGISTRATION, PAYMENT & AGREEMENT

'20-'21
SRWTP

Name: _____ DOB.: _____

Indicate the Position(s) you will come into program as >>> 1B 3B MIF OF

→ A maximum of two positions are permitted... If you have two positions; you will rotate positions every other week ←

Middle School: _____ Your Current Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Fathers Name: _____ Mothers Name: _____

Fathers Cell: _____ Mothers Cell: _____ Home Phone: _____

E-Mail(s): _____



Senior Winter Training Program ON THE 60/90 FIELD

PBI's "Senior Winter Training Program" is the most intense and thorough **Position Specific Off-Season Training Program** available for players that are on the full sized 60/90 field. This program will extensively key in on the fundamental and advanced skills needed for the 60/90 game of "real baseball". The SRWTP will bring you to the doorstep of the 2021 season fully prepared and ready to go!

PROFESSIONAL BASEBALL INSTRUCTION www.BASEBALLCLINICS.com

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METHOD OF PAYMENT

- Pay in Full
- Payment Plan
 1st Payment Due upon Registration..... 50%
 2nd Payment Due on February 1, 2021..... balance

- 4 Months(D/J/F/M)... MEMBER- \$639.⁹⁹ REGULAR- \$699.⁹⁹
- 3 Months(J/F/M)..... MEMBER- \$549.⁹⁹ REGULAR- \$599.⁹⁹
- 2 Months(F/M)..... MEMBER- \$399.⁹⁹ REGULAR- \$439.⁹⁹
- 1 Month(March)..... MEMBER- \$235.⁹⁹ REGULAR- \$265.⁹⁹

TOTAL DUE: _____

PAY BY CREDIT CARD *Visa, Master Card, American Express*

PAY BY CASH or CHECK You must provide a credit card even if paying by cash or check. Cash or check payments must be presented by 8:00PM on the payment due dates, otherwise, payment will be processed to the credit card below.

Card # _____

Exp. _____ CVV: _____

****ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE****

SIGNATURE AND AGREEMENT

REFUND POLICIES- NO cash refunds or credit vouchers will be issued under any circumstance.

MAKE-UP TIME- You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time.

WEATHER- All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of New Jersey.

PAYMENT PLAN- If you choose to use the payment plan you MUST provide a credit card. Your credit card will be automatically charged on each of the payment due dates. If you choose to pay by cash or check you must present your payment on the due dates before 8PM. If you choose to use the payment plan you are responsible for the full cost of the program. If you choose not to continue sometime before the 2nd and/or 3rd payments are due, you are still responsible for and will be charged for the full price of the program. A late fee of 2% will be incurred on payments that are more than 7 days overdue.

HOLD HARMLESS- I hereby acknowledge that participation in any program provided by Professional Baseball Instruction (PBI) involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI and all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of the participant.

By affixing my signature below I confirm that I have read and agree to the Refund, Payment Plan, Make-Up Policies, and Hold Harmless Agreement stated above.

Signature: _____ Date: _____

Are either parents and/or guardians an active member of the US military? YES NO



1300 Route 17 North, Ramsey, NJ 07446
 1-800-282-4638 * Fax: 201-760-8820
www.BASEBALLCLINICS.com

Attention 13u & 14u (60/90 field) Baseball Players

GOALS OF THE PROGRAM

- Prepare players to enter their season at peak performance.
- Condition players skills, knowledge & execution to top personal performance
- Educate players on injury prevention and staying healthy thru the season.

DESIGN YOUR SCHEDULE...

→ # OF MONTHS... CHOOSE **4** -or- **3** -or- **2** -or- **1**

| Day | Time | December | January | February | March |
|-----------|--------------|--------------|-----------------|-----------------|----------------------|
| Thursdays | 6:00- 8:00PM | 12/3, 10, 17 | 1/7, 14, 21, 28 | 2/4, 11, 18, 25 | 3/4, 11, 18, 25, 4/1 |

PRICING

| 4 Months (DEC & JAN & FEB & MAR) 16 total sessions | 3 Months (JAN & FEB & MAR) 13 total sessions | 2 Months (FEBRUARY & MARCH) 9 total sessions | 1 Months (MARCH) 5 total sessions |
|--|--|--|---|
| MEMBER... \$639.99 | MEMBER... \$549.99 | MEMBER... \$399.99 | MEMBER... \$235.99 |
| REGULAR... \$699.99 | REGULAR... \$599.99 | REGULAR... \$439.99 | REGULAR... \$265.99 |

HEAD COACHES



DOUG CINNELLA

President of PBI
Veteran of 9 Professional Seasons
Orioles, Expos, Mets, Yankees
Current Cincinnati Reds Scout
Seton Hall Univ. Hall of Fame



STEVE HAYWARD

Pres; Baseball Health Network
Veteran of 6 Professional seasons
Sox & Aberdeen Pheasants
Current Tampa Bay Rays Scout
Seton Hall Univ. Alumni



KEITH SCHNEIDER

10 year varsity head coach at Secaucus.
Played at Montclair State.
Has coached several championship
teams for the PBI Eagles.



BOBBY LINEBURG

Bobby's enthusiasm for baseball and teaching
kids how to play are obvious from the moment you
walk into PBI!! Bobby is one of the most
successful coaches in the history of the PBI
Eagles. He has won over 15 championships.



KEITH CEDRO

NY Mets—Strength & Conditioning Coach
Conditioning Consultant—NY Giants & SH



RICKY REX

St. Leo Univ. Alumni
Head Coach ACBL

VISIT WWW.BASEBALLCLINICS.COM FOR A FULL LIST OF PBI'S STAFF

PLAYERS ENTER THE PROGRAM ACCORDING TO THEIR POSITION

If you play multiple positions, you will rotate positions each workout.

STRENGTH, AGILITY, CONDITIONING... The PBI Senior Winter Training Program will include strength, agility and conditioning work under the watchful eye of **Keith Cedro**, former strength coach of the **NY Mets**.

OFFENSIVE TRAINING INCLUDES... The PBI hitting program is designed by **Clint Hurdle**, former manager of the **Pittsburgh Pirates** and **Colorado Rockies** who Clint managed to the **World Series** in 2007. The hitting program is focused on balance and controlling the body before, during and after the swing. The swing path is tightened up so all hitters can be confident in their ability to make solid contact consistently. When our players can control their swings you will see increased exit velocity and launch angle off the bat. Bat speed will be maintained at the most effect rate for each hitter.

DEFENSIVE TRAINING INCLUDES... Extensive groundball work, turning double plays, diving, slow roller, off balance throwing including the ("**Derek Jeter**") jump throw technique. Run down execution, back hand/glove side training, short hop glove approach as well as building arm strength. Outfielders will work on arm strength, ground balls, slide-catch techniques with limited fly ball training. Foot work and angles on ground balls hit to the outfield will be worked on extensively.

The SRWTP, along with New Jersey's best coaching staff to bring you a winning combination of total baseball training!