### REGISTRATION, PAYMENT & AGREEMENT

<u>PSWTP</u>

2022

Name:	DOB.:
THROWS: R L BATS: R L P	referred Positions: P C 1B 3B MIF OF Current School Grade:
Address:	
City:	State: Zip:
Fathers Name: Mothe	rs Name:
Fathers Cell: Mothe	ers Cell: Home Phone:
EMail <sup>(S)</sup> :	
Pay in Full Payment Plan 1st Payment Due upon Registration 50%	REFUND POLICIES— NO cash refunds or credit vouchers will be issued under any circumstance.  MAKE-UP TIME— You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided.
2nd Payment Due on March 5, 2022 balance  3 Months(J/F/M) Member\$479.° Regular  2 Months(F & M) Member\$359.° Regular  I Month(March) Member\$225.° Regular  TOTAL DUE:	\$399.99 \$249.99 \$249.99 \$249.99 \$399.9
PAY BY CREDIT CARD Visa, Master Card, America PAY BY CASH or CHECK You must provide a creeven if paying by cash or check. Cash or check payments must be pre 8:00pm on the payment due dates, otherwise, payment will be processed credit card below.  Card #	Baseball Instruction (PBI) involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI, and all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including
NOTE: A 3% convenience fee will be charged to all credit card transaction: avoid this fee by payment cash or check  **ALL PAYMENTS ARE FINAL AND NON-REFUNI	Payment Plan, Make-Up Policies, and Hold Harmless Agreement stated above.
1300 Route 17 North, Ramsey, NJ 07446 1-800-282-4638 * Fax: 201-760-8720 www.BASEBALLCLINICS.com	Signature: Date:



# Pre-Stason Winter Training Program on the 46/60 Field

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off- season training program available for 8, 9 & 10 year old baseball players that are playing on the 46/60 field. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bringing you to the doorstep of the 2022 baseball season fully prepared and ready to go!



## WWW.BASEBALLCLINICS.COM













## For 8, 9 & 10 year old Baseball Players on the 46/60 field

### GOALS OF THE PROGRAM

- → Prepare players to enter their season at peak performance.
- → Condition players to top personal performance.
- → Improve players' position specific skills, knowledge and execution.

### **COACHING STAFF**



**DOUG CINNELLA** 



**BOBBY LINEBURG** 



CEITH CEDRO



STEVE HAYWARD



RICKY REX



**NICK SCHROEDER** 

### PSWTP SCHEDULE...

YOU MAY TRAIN FOR 3 -or- 2 -or- I MONTHS

Day	Time	January	February	March
Mondays	5:00- 7:00PM	1/10, 17, 24, 31	2/7, 14, 21, 28	3/7, 14, 21, 28

### **PRICING**

3 MONTHS (JAN / FEB / MAR) 12 TOTAL SESSIONS	2 MONTHS (FEBRUARY & MARCH) 8 TOTAL SESSIONS	1 MONTH (MARCH) 4 TOTAL SESSIONS	
Мемвек <b>\$479.<sup>99</sup></b>	MEMBER \$359. <sup>99</sup>	MEMBER <b>\$225.<sup>99</sup></b>	
Regular \$529. <sup>99</sup>	REGULAR \$399. <sup>99</sup>	REGULAR \$249. <sup>99</sup>	

You may pay in full upon registration ... Or a Payment Plan is available.

## PLAYERS WILL TRAIN IN THE INFIELD, OUTFIELD AND ALSO PITCH/CATCH. ALL PLAYERS WILL TRAIN HITTING AND BASERUNNING.

### HITTING TRAINING DETAILS

At P.B.I. we believe that all young hitters need to have balance and rhythm before, during and after their swings. Our proven hitting methods will yield immediate results for all our hitters. There will be tee work, toss-ups, front toss and live BP during this highly effective hitting program.

### PITCHING TRAINING DETAILS

#### (P.B.I.'S POWERFUL PITCHING TECHNIQUES)

Pitching IS the game. P.B.I. understands this fact. Our expert approach to throwing quality strikes will give all pitchers a tremendous level of confidence. The emphasis of the pitching program is teaching a scientific approach to pitching performance. We guarantee you and your child will be delighted with this top-notch P.B.I program.

### INFIELD TRAINING DETAILS

P.B.I. will teach proper approaches to all types of ground balls. All ground balls are different, each one offers an opportunity to make a brilliant play. Training will include routine, glove side and backhand techniques to fielding ground balls. Other infield topics of training will include run-downs, short hoppers, proper throwing mechanics (including when to throw off balance) and double play dynamics. Footwork and specialty work for 1st base will be covered extensively.

### **OUTFIELD TRAINING DETAILS**

Quick, accurate first steps and arm strength is vital to being an outfielder. Our controlled outfield drills will emphasize these outfield "ABSOLUTES".

### CATCHING TRAINING DETAILS

(Only players who wish to work on their catching will catch)

Catching is a vital position. All good teams have good pitching <u>AND even better catching</u>. Training will include: Receiving, blocking, throwing, fielding bunts and effective tag plays at home plate.

### **NEW STRENGTH TRAINING FOR BASEBALL**

A great new extensive strength training aspect will be included as part of the PSWTP. Speed, agility and strength work appropriate to the age group will be done each workout. Developing a sound, safe and scientific approach will put our players on the right path to physical fitness that will have a tremendous impact on their quality of life, not just today but for years to come!!

The PSWTP, along with New Jersey's best coaching staff to bring you a winning combination of total baseball training from New Jersey's finest baseball school.