

REGISTRATION, PAYMENT & AGREEMENT '22/'23 HSWTP

Name: _____ DOB.: _____

Indicate the Position(s) you will come into program as >>> 1B 3B MIF OF

→ If playing multiple positions- you must attend the program for more than one day per week ←

HS: _____ Grad Yr: _____ At What Level Did You Play HS Baseball in 2022
 VARSITY JV FRESHMAN

Address: _____

City: _____ State: _____ Zip: _____

Fathers Name: _____ Mothers Name: _____ Home Phone: _____

Fathers Cell: _____ Mothers Cell: _____ Player Cell: _____

E-Mail(s): _____

CHOOSE NUMBER OF MONTHS

- 3 Months** (Dec/Jan/Feb) **2 Months** (January & February) **1 Month** (February Only)

CHOOSE YOUR TRAINING DAY(S)

- TUESDAYS** **THURSDAYS**

METHOD OF PAYMENT

- Pay in Full**
 Payment Plan
 1st Payment Due upon Registration..... 50%
 2nd Payment Due on February 1, 2023..... balance

TOTAL DUE: _____

- PAY BY CREDIT CARD** *Visa, Master Card, American Express*
 PAY BY CASH or CHECK You must provide a credit card even if paying by cash or check. Cash or check payments must be presented by 10pm on the payment due dates, otherwise, payment will be processed to the credit card below.
 Card # _____

Exp: _____ CVV: _____
NOTE: A 3% convenience fee will be charged to all credit card transactions. You can avoid this fee by payment cash or check

****ALL PAYMENTS ARE FINAL AND NON-REFUNDABLE****

SIGNATURE AND AGREEMENT

REFUND POLICIES— NO cash refunds or credit vouchers will be issued under any circumstance.

MAKE-UP TIME— You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time.

WEATHER— All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of New Jersey.

PAYMENT PLAN— If you choose to use the payment plan you **MUST** provide a credit card. Your credit card will be automatically charged on each of the payment due dates. If you choose to pay by cash or check you must present your payment on the due dates before 8PM. If you choose to use the payment plan you are responsible for the full cost of the program. If you choose not to continue sometime before the 2nd and/or 3rd payments are due, you are still responsible for and will be charged for the full price of the program. A late fee of 2% will be incurred on payments that are more than 7 days overdue.

HOLD HARMLESS— I hereby acknowledge that participation in any program provided by Professional Baseball Instruction (PBI) involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI, all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of the participant.

By affixing my signature below I confirm that I have read and agree to the Refund, Payment Plan, Make-Up Policies, and Hold Harmless Agreement stated above.

Signature: _____ **Date:** _____

Are either parents and/or guardians an active member of the US military? YES NO

HIGH SCHOOL

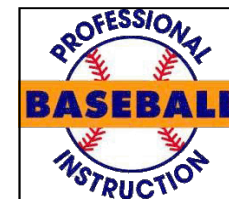
WINTER TRAINING 2023

STRENGTH • HITTING • DEFENSIVE

Design Your Own Training Schedule

- * CHOOSE 1 OR 2 DAYS PER WEEK ***
*** CHOOSE 1, 2 OR 3 MONTHS ***

PBI's "High School Winter Training Program" is the most intense and thorough *Off-Season Training Program* available for high school players. The HSWTP program will bring you to the doorstep of the 2023 High School season fully prepared and ready to go!



www.BASEBALLCLINICS.com



1300 Route 17 North, Ramsey, NJ 07446
 1-800-282-4638

Design YOUR Training According to YOUR Schedule

GOALS OF THE PROGRAM

- Prepare players to enter their high school season at peak performance.
- Condition players skills, knowledge & execution to top personal performance
- Educate players on injury prevention and staying healthy thru the season.

DESIGN YOUR SCHEDULE...

- **DAYS PER WEEK... CHOOSE 1 -or- 2**
- **# OF MONTHS... CHOOSE 1 -or- 2 -or- 3**

| Day | Time | December | January | February |
|------------------|----------------------|--------------|-----------------|-----------------------|
| Tuesdays | 8:00- 10:00PM | 12/6, 13, 20 | 1/3, 10, 17, 24 | 1/31, 2/7, 14, 21, 28 |
| Thursdays | 8:00- 10:00PM | 12/8, 15, 22 | 1/5, 12, 19, 26 | 2/2, 9, 16, 23, 3/2 |

PRICING

| | 3 MONTHS (DEC & JAN & FEB) | 2 MONTHS (JAN & FEB) | 1 MONTH (FEBRUARY) |
|-----------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| 1 DAY PER WEEK..... | \$575.99 12 TOTAL SESSIONS | \$455.99 9 TOTAL SESSIONS | \$299.99 5 TOTAL SESSIONS |
| 2 DAYS PER WEEK..... | \$999.99 24 TOTAL SESSIONS | \$899.99 18 TOTAL SESSIONS | \$599.99 10 TOTAL SESSIONS |

COACHING STAFF



DOUG CINNELLA



STEVE HAYWARD



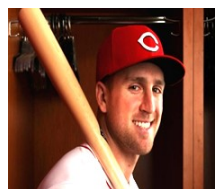
KEITH CEDRO



RICKY REX



BOBBY LINEBURG



PAT KIVLEHAN

PLAYERS ENTER THE PROGRAM ACCORDING TO THEIR POSITION

If you play multiple positions, you will rotate positions each workout.

→ **TRAIN TO GAIN STRENGTH, INCREASE POWER IN YOUR SWING WHILE CREATING EXPLOSIVE BAT SPEED**

→ **ALL PLAYERS WILL BUILD ARM AND CORE BODY STRENGTH THAT PBI FITNESS GUARANTEES WILL INCREASE THROWING VELOCITY**

COMBINE THIS PBI FITNESS PROGRAM WITH OUR WORLD CLASS HITTING AND DEFENSIVE WORKOUTS AND YOU'VE GOT...

THE 2023 HIGH SCHOOL WINTER TRAINING PROGRAM

CHAMPIONS ARE MADE DURING THE OFF SEASON

→ **ALSO INQUIRE ABOUT PBI'S INDIVIDUAL STRENGTH TRAINING AND FITNESS WORKOUTS FOR ALL SERIOUS BASEBALL PLAYERS:**



NICK SCHROEDER—certified strength and conditioning coach.

Nick will work with athletes to improve their on-field performances by developing an exceptional strength base.



TYLER SHEDLER-MCAVOY—Tyler's vast experience being a

4 year starter at Seton Hall University along with his Ace certification uniquely positions Tyler as a premier strength coach for baseball players.

Both Nick and Tyler are available for personal training for HS players.

Monthly plans are available. Please inquire.