

You are 9u... if you are 9 years old or younger on 4/30/24



### Regular Season League Play in USABL



Memorial Weekend Tournament 5/24/24 – 5/27/24



Winter Training January thru March



→ Tryout Info → Season Details → Tournament Details
→ Winter Training



# Eagles Baseball... Spring 2024



POFESSIOA

BASEBA

REGULAR SEASON LEAGUE PLAY
 MEMORIAL WEEKEND TOURNAMENT
 WINTER TRAINING

Vhat's Included



➔ 9u plays on 46/60 field; USABL rules

BASEBALL

EAGUE

- League games are played in the USABL
- ➔ 9 League Games in regular season
- League games are played on Sunday's... 4/7, 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2
- ➔ 1 guaranteed playoff game (all teams make playoffs)
- Majority of league games in the local Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.

# PRACTICE DETAILS

Wednesday, March 20<sup>th</sup>....4:30PM – 6:00PM... at PBI Wednesday, March 27<sup>th</sup> ... 4:30PM – 6:00PM... at PBI Wednesday, April 3<sup>rd</sup>......4:30PM – 6:00PM... at PBI

Tuesday, April 9th ... 5:00PM – 6:30PM... at PBI and continuing every Tuesday at 5:00PM thru the season

# **UNIFORMS**

New Eagle players uniform includes> Jersey, Pants, Hat New Uniform fee is \$130.

Additional Uniform items available if needed

Additional uniform item prices> Jersey(\$50.), Pants(\$60.), Hat(\$20.)



Professional Baseball Instruction, Inc. 1300 Route 17 North, Ramsey, NJ 07446

1-800-282-4638

WWW.BASEBALLCLINICS.COM

# **TRYOUTS**

PRIVATE TRYOUTS

Available 5 days a week

Available Monday thru Friday Call 201-760-8720 ext. 100 ...or... email deb@baseballclinics.com

2024 Spring Eagles...\$899.99

Spring Eagle fee <u>includes</u> Memorial Day Weekend Tournament

# TOURNAMENT DETAILS

### MEMORIAL DAY WEEKEND TOURNAMENT

<u>Dates</u>... Friday, May 24<sup>th</sup> –thru– Monday, May 27<sup>th</sup> <u>Location</u>... Bergen County, NJ and surrounding area <u>Web</u>... USABL.com (exact details TBD)

### Notes Regarding Tournaments ...

→ ALL PLAYERS ON SPRING 9U EAGLES TEAM MUST BE AVAILABLE FOR THE MEMORIAL DAY WEEKEND TOURNA-MENT—NO EXCEPTIONS

➔ Any applicable travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.

# WINTER TRAINING

All Spring Eagle players must attend a PBI winter training program. Program is available at member pricing for Spring Eagle Players.

### PRESEASON WINTER TRAINING PROGRAM (PSWTP)

→ Player options are:

•	January through March	\$499.
•	February and March	\$399.
	NA SHEET	<b><b><b></b></b></b>

March.....\$259

See page 3 for full details regarding the winter training

# PREPARE FOR SUCCESS WITH PBI'S WINTER TRAINING PROGRAMS...





## **PSWTP DETAILS**

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off- season training program available for 9 & 10 year old baseball players. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bring you to the doorstep of the 2024 baseball season fully prepared and ready to go!

**COACHING STAFF** 



DOUG CINNELLA



STEVE HAYWARD

### BOBBY LINEBURG

NICK SCHROEDER



**KEITH CEDRO** 

KEVIN MENDE

VISIT WWW.BASEBALLCLINICS.COM FOR A FULL LIST OF PBI'S STAFF

# **PSWTP SCHEDULE**

YOU MAY TRAIN FOR 3 -or- 2 -or- 1 MONTHS

Day	Time	January	February	March
Mondays	5:00- 7:00PM	1/8, 15, 22, 29	2/5, 12, 19, 26	3/4, 11, 18, 25

### PLAYERS WILL TRAIN IN THE INFIELD, OUTFIELD AND ALSO PITCH/ CATCH. ALL PLAYERS WILL TRAIN HITTING AND BASERUNNING.

## HITTING TRAINING DETAILS

(All players will work on their hitting & base-running skills)

At P.B.I. we believe that all young hitters need to have balance and rhythm before, during and after their swings. Our proven hitting methods will yield immediate results for all our hitters. There will be tee work, toss-ups, front toss and live BP during this highly effective hitting program.

### **PITCHING TRAINING DETAILS P.B.I.'S POWERFUL PITCHING TECHNIQUES)**

Pitching IS the game. P.B.I. understands this fact. Our expert approach to throwing quality strikes will give all pitchers a tremendous level of confidence. The emphasis of the pitching program is teaching a scientific approach to pitching performance. We guarantee you and your child will be delighted with this top-notch P.B.I program.

### **INFIELD TRAINING DETAILS**

P.B.I. will teach proper approaches to all types of ground balls. All ground balls are different, each one offers an opportunity to make a brilliant play. Training will include routine, glove side and backhand techniques to fielding ground balls. Other infield topics of training will include run-downs, short hoppers, proper throwing mechanics (including when to throw off balance) and double play dynamics. Footwork and specialty work for 1st base will be covered extensively.

### **OUTFIELD TRAINING DETAILS**

Quick, accurate first steps and arm strength is vital to being an outfielder. Our controlled outfield drills will emphasize these outfield "ABSOLUTES".

## **CATCHING TRAINING DETAILS**

(Only players who wish to work on their catching will catch)

Catching is a vital position. All good teams have good pitching AND even better catching. Training will include: Receiving, blocking, throwing, fielding bunts and effective tag plays at home plate.

### STRENGTH TRAINING FOR BASEBALL

A great new extensive strength training aspect will be included as part of the PSWTP. Speed, agility and strength work appropriate to the age group will be done each workout. Developing a sound, safe and scientific approach will put our players on the right path to physical fitness that will have a tremendous impact on their quality of life, not just today but for years to come!!

# **9U Spring 2024... REGISTRATION... PAYMENT... AGREEMENT**

	THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM.
Players Name: DOB:	9u 2024 Spring Eagles Payment Info
Address:	Spring Season/Tournament
City: State: Zip:	+ PSWTP March Only
Father's Name: Mother's Name:	
Father's Cell: Mother's Cell:	SizeSize
Parent's Email(s):	GRAND TOTAL \$
Parent's Email(s):	PAYMENT DUE DATES
What school grade are you in?: Bats: LEFT — RIGHT Throws: LEFT — RIGHT	✓       1/3 of Total Due upon selection to team \$         ✓       1/3 of Total Due on 2/01/24
	✓ 1/3 of Total Due on 3/01/24 \$
Primary Position: Alternate Position(s): Do you? DITCH CATCH	
SCHEDULE YOUR TRYOUT	IF YOU ARE SELECTED FOR THE TEAM
Please Note roster spots will be awarded to players at the sole discretion of PBI on a first come—first served basis.	Mathematical Card Visa, Master Card, American Express
PBI reserves the right to cancel a tryout date in the event the roster becomes complete prior to a tryout date.	1st payment will be processed to the credit card listed below upon being selected to the team. The balance of fees will be processed to the credit card listed below according to the schedule outlined in the "Payment Due Dates" section.
Tryout Location >>> 1300 Route 17 North, Ramsey, NJ 07446	Card # Code:
PRIVATE TRYOUTS To schedule a tryout call 201-760-8720or email deb@baseballclinics.com	
	You must provide a credit card even if paying by cash/check. Cash/check payments must be presented by the payment
	due dates 8:00PM, otherwise, PBI will process payment to the credit card listed below.
PRIVATE TRYOUT Date/Time: Coach:	Card # Code: Code: NOTE: A 3% convenience fee will be charged to all credit card transactions. You can avoid this fee by payment cash or check
	WITHIN NOTE: A 3% convenience fee will be charged to all credit card transactions. You can avoid this fee by payment cash or check (made payable to cash)
YOU WILL BE ADVISED OF YOUR STATUS WITH THE TEAM	****REFUND/CANCELLATION POLICY *** Absolutely NO cash refunds under any circumstance. All players are required to attend all practices, games, tournaments, an
WITHIN 7 DAYS VIA EMAIL	selected winter training sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments
There are three possible outcomes 1) Yes 2) No 3) Wait List **add deb@baseballclinics.com to your address book to insure you receive the email**	winter training sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for th same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with th
	team prior to 2/01/24; monies paid to that date towards the team feet/tournament fee may be prorated in the form of a PBI cred voucher – less a \$100. <sup>10</sup> administrative fee. In the event a player discontinues with the team on or after 2/01/24; no refunds of
Private Tryout: \$25.00	credit vouchers will be issued. Please note; the entire winter training portion of the total fee is completely non-refundable.
Accepted Methods of Payment:	<b>CONFIRMATION OF AGREEMENT:</b> I hereby agree to the above stated conditions of the 2024 PBI Spring Eagles policies. I have provided my credit card informatio
Cash Check (payable to cash) Visa Master Card AMEX	within & authorize PBI to charge said credit card for all fees associated with the Spring Eagles.
CARD# Code:	Wittentille
	Signature:
Please review and complete opposite side of this page $\Rightarrow$ $\Rightarrow$	Print Name:         Date:
	Are either parents/guardians a current member of the US military?