

Dates & Times

Program meets 2 hours
once a week for 6 weeks

7/8u Jr. Prospect League Schedule			
DAY	MONTH	DATE	TIME
Saturday	March	28	4:00-6:00 PM
Saturday	April	4	5:00-7:00PM
Saturday	April	11	4:00-6:00 PM
Saturday	April	18	4:00-6:00 PM
Saturday	April	25	4:00-6:00 PM
Sunday	May	3	9:30-11:30 AM

THIS PROGRAM COVERS:

1. Basic baseball skills
2. Basic baseball knowledge of how to play the game
3. Basic mental baseball skills

7/8u

For Players 7 & 8 Years Old

1993
PROFESSIONAL
BASEBALL
INSTRUCTION
2013
Years

Professional Baseball Instruction, Inc.

107 Pleasant Ave. USR, NJ 07458

1-800-282-4638

www.baseballclinics.com



7/8u

PBI's Jr. Prospect 7 & 8 Year Olds Baseball League



www.BASEBALLCLINICS.com



REGISTRATION, PAYMENT & AGREEMENT

7u
2014/ 2015

Name: _____ DOB.: _____

Address: _____

City: _____ State: _____ Zip: _____

Fathers Name: _____ Mothers Name: _____

Fathers Cell: _____ Mothers Cell: _____ Home Phone: _____

EMail(S): _____

PRICE... \$299.⁰⁰

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METHOD OF PAYMENT

Accepted Methods of Payment...

- ☐ Check
- ☐ Cash
- ☐ MC
- ☐ Visa
- ☐ AMEX

Credit Card #:

Exp. Date: _____

SIGNATURE & POLICY AGREEMENTS

REFUND POLICIES— There are NO cash refunds. Any student missing camp or clinic time - regardless of the reason - will be issued a credit voucher minus a \$50.⁰⁰ administrative fee. Vouchers have no expiration date, and can be used toward future PBI clinic or camp programs.

MAKE-UP TIME— You will be expected to attend the sessions you signed up for. PBI can not guarantee the ability to accommodate changes made after the program has begun. Make-ups will not be provided for missed class time unless the missed class time is due to the State of NJ having declared an emergency.

WEATHER— All programs will run according to schedule unless there is a state of emergency weather situation declared by the State of New Jersey.

HOLD HARMLESS— I hereby acknowledge that participation in any program provided by PBI involves an inherent risk of physical injury and hereby assume all such risk and do hereby release, forever discharge, and hold harmless, PBI and all its employees and agents thereof from any and all known liability no matter the nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. I also hereby certify that the participant is in good physical condition and can partake in the daily schedule of events. In the case of an emergency, I grant permission for the participant to be given treatment by a local hospital. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of the participant.

By affixing my signature below I confirm that I have read and agree to the policies and Hold Harmless Agreement stated above.

Signature: _____ Date: _____

Are either parents/guardians an active member of the US military? ☐ YES ☐ NO



107 Pleasant Avenue Upper Saddle River, NJ 07458

1-800-282-4638 * Fax: 201-760-8720

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PBI's 7/8u JR. PROSPECT BASEBALL LEAGUE IS DESIGNED FOR THE PLAYER WHO IS READY TO PLAY "REAL BASEBALL" - PLAYERS WHO ARE BEYOND T-BALL AND BEYOND COACH-PITCH. THIS PROGRAM IS GEARED TOWARDS THE DEVELOPMENT OF PROPER SKILL SETS & TEACHES THE MENTAL TOOLS NEEDED ON THE FIELD OF PLAY. SESSIONS ARE DESIGNED TO PREPARE PLAYERS WITH THE FUNDAMENTAL SKILLS NEEDED TO PLAY "REAL BASEBALL."

Topics of the 7/8u Jr. Prospect Baseball League Include...

THROWING... Throwing is one of the most crucial skills in the game. All players need to throw well, regardless of their position on the field. PBI will teach players to throw with proper mechanics in order to not only make good throws, but also create a good base for arm strength and health in the future. Players will learn how to control their throws, and maximize their arm strength, putting it "right on the money".

HITTING... Basic to intermediate skills are taught including grip, swing plane and lower and upper body swing mechanics. We break down the hitting mechanics step-by-step. PBI uses the latest, most effective hitting products available. Each hitting station emphasizes a different facet of the swing mechanics. Our hitting stations, when performed properly, create positive muscle memory, effectively creating good habits. Live hitting will also be part of the program.

FIELDING... Proper technique is essential to becoming a good fielder. Learn and sharpen basic fielding skills. Specific drills are designed to create confidence and build a solid fielding foundation. Defense wins games. Your child will field various types of batted balls including ground balls, slow rollers, back-hand, forehand, and fly balls. Our step-by-step approach will have your child ready to play with confidence at the next level.

BASERUNNING & SLIDING... A player with good baserunning skills is always a plus. Learning baserunning properly at a young age will give you great advantages, and put you ahead of the pack as you get older. Studies indicate that most injuries on the baseball field occur while sliding!! These injuries can be easily avoided. We will teach your children the proper sliding techniques. The patented Slide-Rite makes learning to slide safe, fun and easy.

PITCHING... PBI will develop solid fundamental pitching mechanics through specific training drills. Pitching mechanics will be worked on at every training session through our "building blocks" program that has developed top-level youth pitchers. Pitchers will be educated to the mechanics and how they relate to each pitch- All pitchers WILL throw strikes. Pitching: a complex theory and understanding broken into simple to comprehend drills and teaching. All students will develop a thorough thought process of pitching and understand the responsibilities that are vital to pitching success.

CATCHING... All catchers will gain a solid understanding of the position. All catchers will work on the following skills: throwing skills, receiving pitches, blocking balls in the dirt, footwork, throwing to all bases, recovering passed balls – plus all catchers will catch live pitching to work on their receiving skills in real time. These catching programs are guaranteed to improve your catcher's ability to perform to his best level.

LIVE GAME COMPETITION... Each session will consist of a one hour skills clinic and one hour of live game competition.